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HARVARD MEDICAL SCHOOL

Brigham and Women's Hospital Founding Member, Mass General Brigham



Clinical Characteristics of Effusions

- Benign diseases are more common causes of effusions (~75%)
 - Heart failure
 - Infection
 - Pulmonary embolism
 - Autoimmune disease/vasculitis

 - Iatrogenic
 Post-surgical
 - Medicaiton
- Malignant disease
 - Metastatic disease more common
 - Mesothelioma <10%
- Unilateral vs. Bilateral
 - Malignant effusions are more likely to be unilateral (~90%)
 - 18% of bilateral effusions are associated with malignancy



Prognosis in Patients With Effusions

- Increased morbidity/mortality even in benign effusions
 - Increased risk of death in inpatients with pneumonia (13.3% at 30 days)
 - 50% 1-year mortality in CHF
 - 46% 1-year mortality in liver failure

Malignancy

- o Usually recur
 - Guidelines advise against intervention in asymptomatic individuals
- o Indicates advanced disease, with median survival 3-12 months



 The International System for Reporting Effusion Cytology Developed in 2018 by IAC and ASC to improve diagnostic agreement and accuracy, currently undergoing undates 							
Category Examples							
I. Nondiagnostic	<50-75 mL, acellular specimen, obscuring elements, poor preservation						
II. Negative for malignancy	Adequate, normal elements only						
III. Atypia of undetermined significance (AUS)	Insufficient IHC evidence to prove malignancy, lymphocytic effusion without flow, borderline and benign ovarian tumors						
IV. Suspicious for malignancy	Insufficient for definitive diagnosis, abundant mucin						
V. Malignant	 Definitive evidence of malignancy Divided into primary tumors ("MAL- P") and secondary tumors ("MAL-S") 						

The International System for Reporting Effusion Cytology

Category	Risk of Malignancy: Pleural Effusions										
	Farahani & Baloch	Zhu et al. 2022	Ahuja & Malviya 2022	Straccia et al. 2022	Jha et al. 2021	Bharti et al. 2022	Pinto et al. 2021				
Non-diagnostic	17.4%	40%	0%	18%	87.5%	30.9%	40%				
Negative for malignancy	20.7%	29.8%	2.1%	15%	51.61%	12.9%	20.16%				
AUS	65.9%	49.3%	33.3%	45.3%	88.23	100%	42.86%				
SFM	81.8%	99.3%	94%	93%	87.5%	100%	78.57%				
Malignant	98.9%	100%	100%	100%	100%	90.2%	100%				

The International System for Reporting Effusion Cytology

Interobserver Agreement

- Highest for <u>negative</u> (76%) and <u>malignant (81%)</u> categories
 Lowest for the suspicious category (22%)
- - 44% of diagnoses varied by two categories

Category	Size of disagreement								
	0 category	1 categories	2 categories	3 categories					
2	224/293 (76%)	58/293 (20%)	11/293 (4%)	0					
3	30/94 (32%)	61/94 (65%)	3/94 (3%)	0					
4	8/36 (22%)	12/36 (33%)	16/36 (44%)	0					
5	143/176 (81%)	19/176 (11%)	6/176 (3%)	8/176 (5%)					

	Body site	Observed agreement	Kappa	Weighted Kappa	Strength of agreement
	Breast ⁸	68.6%	0.69	0.91	Substantial
	Salivary Gland ⁹	NR	0.42	NR	Moderate
parable to other	Lung ¹⁰	49.5%	0.20	NR	Slight
ting overeme	Urine ¹¹	65%	0.32	NR	Fair
ung systems	Pancreas ¹⁵	NR	0.45	0.65	Moderate
	Pleural fluid	68%	0.51	0.63	Moderate

The International System for Reporting Effusion Cytology

2025 international survey by

editors:

Con

- 474 respondents, mostly academic/public
- ~60% have adopted the system
 - adopting is being unaware of the system/lack of familiarity with the
- ~60% who use the system strictly apply system terminology
 - o Users most frequently change criteria
- Only ~10% respondents use volume as criterion for ND
- Participants want better definition of the

	Adoption of his for Reporting Endsion Cytology										
	Total	Africa	Australia	Asia	Europe	N. America	S. Americ a				
	471	9	3	277	78	58	46				
Use	61	89	100	62	55	47	72				





Distinction Between Primary and Metastatic Disease

- 1. Establish malignancy vs. benign disease
- 2. Differentiate between mesothelioma and metastases
- 3. If metastatic disease, establish tumor origin
- 4. If mesothelial, confirm mesothelioma vs. reactive mesothelial proliferations

Primary Source in Malignant Effusions							
Pleural Effu	isions	Peritoneal Ef	fusions	Pericardi	al		
Lung ACA	29-37%	Ovarian ACA	27%	Lung	49-75%		
Breast	8-40%*	Gastric	14%	Breast	12-39%±		
Ovarian	18-20	Breast	13%	GI tract	6-14%		
GI tract	5%	Pancreatic	11%	Hematolymphoid	3%		
Lymphoma	3-16%	Colorectal	10%	Ovarian	4-8%		
Melanoma	5-6%	Lymphoma	5-12%	Genitourinary	3%		
Mesothelioma	1-6%	Melanoma	2%	Melanoma	1%		
Sarcoma	1-3%	Mesothelioma (1-8%	Mesothelioma	1%		
* Higher figures are in effusions in women only ± Only women in this analysis							



Features of Malignant Effusions



- Increased specimen cellularity
- Morphologically distinct "Second population" • May not be apparent in mesothelioma
- Numerous large clusters o May be single cells
- +/- cytologic atypia
- · Background elements
 - Mucin
 - Psammoma bodies
 - Necrotic debris

Distinction Between Primary and Metastatic Malignancies

- 1. Clinical history
 - Prior history of malignancy
 - · History of radiation exposure
 - Absence of self-reported asbestos exposure does not exclude risk
- 2. Radiology
 - · Parenchymal lesion? Pleural-based lesion?
 - Single lesion vs. multiple pleural-based lesions
 - o Localized mesothelioma (one mass) occurs, but is very rare Sites and pattern of metastatic disease
 - o Liver, brain, bone, adrenal metastases at presentation are somewhat more common in lung cancer than mesothelioma
 - (~40% vs. 13%)

Morphologic Distinction Between Primary and Metastatic Malignancies

	Adenocarcinoma	Mesothelioma
Clinical History	Smoking history, history of inhaled exposures, family history of lung cancer, radiation exposure	Asbestos exposure, radiation exposure, residence in area with natural fibers (e.g. erionite in the Midwest/West US), radiation exposure, BAP1- Tumor Predisposition syndrome
Radiology	Dominant parenchymal lung mass, multifocal consolidative opacities, spiculated nodule +/- ground-glass component, single mass	Unilateral (usually right) pleural effusion, ascites (peritoneal mesothelioma), recurrent effusions, pleural nodularity/multiple masses; involvement of pleura>peritoneum>pericardium
Morphology	Clusters with smooth borders, vacuolated cytoplasm, +/- high N/C ratio	Large clusters with scalloped borders, "windows," single central nucleolus, low to moderate N/C ratio, comparatively "bland" morphology

Morphologic Distinction Between Primary and Metastatic Malignancies





Melanoma in Effusions

- 1-6% effusions
- Usually single cells, but can be clustered
- Shared features with mesothelioma:
 - Low NC ratio
 - o Binucleation
 - \circ Eccentric nuclei
- Melanin in 50-83% of cases
- Can show weak and focal keratin staining in rare cases



Lymphoma in Effusions

- 3-16% of effusions
- N/C ratio is typically higher, chromatin coarser than mesothelial proliferation
- Lymphoma in effusions almost always represents involvement by previously-diagnosed disease
- 75% are B-cell lymphomas
- 44-50% are large B-cell lymphomas
 - Cellular samples
 - Often smaller than mesothelial cells
 - Higher N/C ratio than mesothelial cells





Primary Effusion Lymphoma

- 0.1% effusions
- Immunocompromised patients
- Most (not all) HHV-8 +
- B-cell lymphoma
 - Negative for pan-B markers
 - LCA, CD138+
 - Clonal Ig gene rearrangements
- Large, dyshesive cells with plasmablastic features
- Ancillary studies (IHC, flow cytometry) required
- Resistant to chemotherapy and fatal within 6 months



Mesothelioma vs. Sarcoma

- 1-6% effusions
- Usually patients have established history
- Cells may be rounded or oval in liquid-based preparations even if spindled on histology
- Can be singly-dispersed cells, multinucleated
 - Ewing sarcoma
 - Vascular tumors (EHE, angiosarcoma)
 - Undifferentiated pleomorphic sarcoma



Metastatic Carcinoma vs. Mesothelioma: Immunohistochemistry

Epithelial/C	arcinoma Ma	rkers	Mesothelioma Markers			
Marker	Sens.	Spec.	Marker	Sens.	Spec.	
CEA	63-78%	98%	Calretinin	85-96%	87-100%	
BerEP4	74-89%	95-98%	WT-1	78%	62%	
MOC31	86-92%	87-97%	D2-40	79%	100%	
Claudin-4	91-100%	99-100%	Mesothelin	75%	71%	

Recommended: 2 epithelial markers 2 mesothelial markers

Mesothelioma vs. Metastatic Lung Adenocarcinoma: SOX6 Immunohistochemistry

Meso vs. LUAD 98% sensitivity 93% specificity





Morphologic Features Favoring Malignant Mesothelioma Over Reactive

- High cellularity
- Numerous large "mulberry" clusters
 - · Reactive mesothelial cells do not form large groups
 - Clusters of >20-40 cells are indicative of malignanc
- Marked cytomegaly
- Severe cytologic atypia





What ancillary studies distinguish between benign and malignant mesothelial cells?



Immunohistochemistry for Distinction Between Benign and Malignant Mesothelial Proliferations

Marker	Reactive %	Mesothelioma %	Sens. (%)	Spec. (%)
Desmin	84-86	0-10	48	97
EMA	4-6	71-100	68-99	74-97
GLUT-1	0-37	40-100	40-99	80-100
P53	0-14	16-86	41-61	91
IMP3	0-27	36-91	36-77	73-100
BAP1	0	57-80	57-67	100
MTAP	0	45	45	100
NF2	0	35-65	35-65	100

- Many markers proposed based on preferential expression
- Either alone or in combination, not proven to reliably distinguish between benign and malignant mesothelial cells
 - Benign mesos may express any of these markers

Immunohistochemistry Surrogates for Genetic Alterations in Mesothelioma

- At least single copy loss of BAP1 locus at 3p21 in 30%
- 18-63% have mutations or translocations involving BAP1
- In total, approximately 60-79% malignant mesotheliomas have BAP1 alterations
- Loss of nuclear BAP1 expression reflects underlying BAP1 alterations



Immunohistochemistry Surrogates for Genetic Alterations in Mesothelioma

- Up to 70% of mesotheliomas show loss of nuclear BAP1 expression
 - 70% epithelioid mesotheliomas
 - 15-25% sarcomatoid mesotheliomas
- Sensitivity +/-, specificity high
 - Loss of BAP1 is NOT seen in benign mesothelial cells
- Most studies require loss in 100% of tumor cells

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)
Hatem 2018	7	0	10	13		
Matsumoto 2019	21	0	22	17		
Walts 2016	14	5	14	30		
Raza 2020	7	0	6	20	_	
Yoshimura 2020	22	0	18	20		
Schuerch 2018	21	0	16	103		•
Bruno 2019	10	0	7	8		
Andrici 2015	49	6	34	143		•
Kinoshita 2018	27	0	18	21	_	
Hwang 2016	8	0	5	3	_	
Cigognetti 2015	35	0	17	19		
Hiroshima 2020	32	0	13	9		
Oender 2019	12	0	4	30		-
Cozzi 2017	52	4	16	30	-	
Shahi 2020	21	2	6	19		
Kinoshita 2020	18	0	4	20	_	
Agrawal 2019	24	0	4	5		
McCroskey 2017	19	0	3	11	0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1

Adapted from Girolami I, et al. Cancer Cytopathol. 2021. doi:10.1002/cncy.225 [online ahead of print]



Diagnostic MTAP Immunohistochemistry

- CDKN2A deleted in 60-70% mesotheliomas
 - Sarcomatoid > epithelioid
 - Traditionally queried only by FISH
- MTAP gene co-deleted in 75% of cases with CDKN2A deletions
- MTAP immunohistochemistry is ~75% sensitive for MTAP deletion
- 100% of cases with MTAP deletions have CDKN2A deletions
- MTAP itself may be a target of therapy

Study	TP	FP	FN	ΤN	Sensitivity (95% CI)	Specificity (95% CI)
Raza 2020	3	0	10	20		_
Shahi 2020	9	0	18	19		-
Berg 2020	7	0	14	15	_	_
Kinoshita 2018	19	0	26	21		-
Kinoshita 2020	12	0	10	20		-
Yoshimura 2020	22	0	18	20		-
Zhu 2020	25	1	20	13		
Hiroshima 2020	16	0	5	5		

Figure 5. Forest plot of MTAP able 1 and refer to the references listed in Supporting Table 4. CI indicae; MTAP, methylthioadenosine; TN, true negative; TP, true positive.



BAP1/MTAP	Immunohistochemistry	for
I	Mesothelioma	

	Positive ^a	Negative ⁴	° P	ositiveª	Negative ^a	Sensitivity, %	% Specificity,		
TAP IHC	19	26		0	21	(42.2)	100		
P1 IHC	27	18		0	21	60.0	100		
21 FISH	28 17 35 10		0		21	62.2	100		
DI AATAD IIIC						77.0	100		
Nº 1/WITAP ING				0	21	11.0	100		
P1 IHC/9p21 FISH	38	7		0	21	84.4	100		
TABLE 1. Correlation Between MTAP and BAP1 Immunohistochemistry Results on the Cytology and Surgical Specimens in Cases for Which Po Specimens Were Available MTAP BAP1									
Case No.	Cytology Specimen	Surgical Specimen	Agreement	Cytology Specimen	Surgical Specimen	Agreement	on Cytology		
1	Partial ^a	Intact	Agree ^b	Intact	Intact	Agree	No		
1 2	Partial ^a Lost	Intact Lost	Agree ^b Agree	Intact Lost	Intact Lost	Agree Agree	No Yes		
1 2 3	Partial ^a Lost Partial ^a	Intact Lost Intact	Agree ^b Agree Agree ^b	Intact Lost Lost	Intact Lost Lost	Agree Agree Agree	No Yes Yes		
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Diagnostic NF2 Immunohistochemistry

- NF2 mutations or deletions in 60% mesotheliomas
 - o Sarcomatoid>epithelioid
- NF2/Merlin loss in 77% tumors with underlying NF2 alterations
 - 96% in cases with homozygous deletion, structural variants or mutations
- IHC: loss of membranous/cytoplasmic staining



Diagnostic MTAP Immunohistochemistry

No established standard threshold (number of cells) to confirm malignancy

- Kinoshita et al. propose a 50% cutoff due to bimodal distribution of staining
- Berg et al. suggest using a 75% cutoff based on cutoff in surgical specimens



Kinoshita Y, et al. Cancer Cytopathol. 2018;126(1):54-63

		He	eter	ogen	eous	Loss of	Marker
				E	Expre	ssion	
Table	nors (eroge ressi ;	can sh neous on/sul	now s MTA oclona	A A A A A A A A A A A A A A A A A A A	emistry findings in nin	e mesotheliomas with hetero	
8				MTAP immunostaining	pattern		
Case	Histotype	MTAP copy number	CDKN2A copy number	Epithelioid component	Sarcomatoid component	Spatial distribution of foci with MTAP loss and retention	Loss in as few as 5%
6	Biphasic	1D	2D	Loss in 30% of cells	Loss in 30% of cells	Admixed	of cells can be seen in
8	Epithelioid	1D	2D	Loss in 10% of cells	NA	Admixed	tumors with genetic
15	Biphasic	1D	1D	Loss in 50% of cells	Loss in 100% of cells	Admixed	alterations
16	Epithelioid	1D	1D	Loss in 80% of cells	NA	Spatially discrete	allerations
24	Epithelioid	Neutral	1D	Loss in 50% of cells	NA	Spatially discrete	
26	Biphasic	Neutral	1D	Loss in 5% of cells	Loss in 100% of cells	Spatially discrete	
30	Biphasic	Neutral	Neutral	Loss in 5% of cells	Not stained	Spatially discrete	
33	Epithelioid	Neutral	Neutral	Loss in 5% of cells	NA	Spatially discrete	
39	Epithelioid	Neutral	Neutral	Loss in 1% of cells	NA	Admixed	
1D, Sir applica	ngle-copy (het ble; Neutral, N	erozygous) delet IO copy number	ion; 2D, Two-cop alteration detect	y (homozygous) gene dele ed.	tion; MTAP, Methylthioa	denosine phosphorylase; NA, Not	Chapel D, et al. Histopatholog

Chapel D, et al. Histopathology 2021;78(7):1032-42



Mesothelioma In-Situ

- · Pre-invasive lesion
- Entire specimen submitted
- Evidence of oncogenic genetic abnormalities
- Absence of radiologic evidence for disease

Mesothelioma In-Situ in Cytology Specimens?

MTAP





Is it possible to make a definitive diagnosis of malignant mesothelioma on effusion cytology?

Yes, if:

- Appropriate clinical and radiologic context, and:
 - Numerous large groups of cells with proven mesothelial differentiation (IHC)
 - · Presence of one or more of the following:
 - FISH (9p, 22q) shows typical chromosomal deletions
 - Nuclear BAP1 loss by immunchistochemistry
 - Cytoplasmic MTAP loss by immunohistochemistry
 - Loss of Merlin expression by immunohistochemistry
- Without all supporting evidence, can interpret as "Suspicious for malignant mesothelioma"
 - Prompts pleural biopsy or planned pleurectomy/decortication with frozen section
 - If surrogate markers show loss of expression, can raise possibility of MIS/low-volume disease









Malignant Effusions: Summary

Current reporting system

- ROM for each category is variable between studies
- o Interobserver agreement is greatest for negative and malignant categories
- o AUS and SUS categories most challenging to practitioners

Most malignant effusions represent metastatic adenocarcinoma

- Significant overlap in morphology between mesothelioma and metastatic lesions
- o Take morphologic and immunophenotypic findings in clinical/radiologic context

Judicious use of ancillary testing clarifies most diagnostic issues IHC panel of 4 stains suggested Cytogenetics, molecular testing, flow cytometry in select circumstances

Diagnosis of mesothelioma vs. reactive mesothelial proliferation

- o Requires appropriate clinical and radiographic context
- o Confirm mesothelial differentiation and exclude metastasis
- o Immunohistochemical surrogates for genetic alterations facilitate diagnosis

 - NF2

Consider mesothelioma in-situ/low-volume disease if convincing evidence in effusion but no radiologic correlate

o Lag time to development of mesothelioma and treatment implications need further study

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