

# Updates in Lymph Node Cytology



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## Outline

### Part 1

- WHO structured reporting system for lymph node cytology

### Part 2

- Patient Evaluation Tips

### Part 3

- Pattern-based diagnostic approach with case presentations

# Part 1. WHO Lymph Node Cytology Structured Reporting System

Acta Cytologica

## Fine Needle Aspiration

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### A Proposal for the Performance, Classification, and Reporting of Lymph Node Fine-Needle Aspiration Cytopathology: The Sydney System

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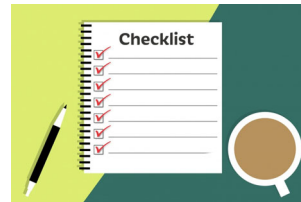
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WHO Reporting System for Lymph Node, Spleen,  
and Thymus Cytopathology

# WHO Lymph Node Cytology reporting system

- Goal: Improve patient care and outcomes through use of cytopathology
- Key diagnostic Cyto features for specific diagnostic entities
- International expert consensus for first time



## WHO Lymph node Reporting System

### 5 Categories

- Non-diagnostic
- Benign
- Atypical
- Suspicious for malignancy
- Malignant

-Categories are used to assist communication with clinicians

-Each category with:

Risk of Malignancy (ROM)

Recommendation for steps to refine DDX or achieve specific WHO diagnosis (goal)

<p><b>5.0. Histiocytic/Dendritic cell neoplasms</b></p> <p><b>3.1. Plasmacytoid dendritic cell neoplasms</b></p> <p>3.1.1. Plasmacytoid dendritic cell neoplasms</p> <p>3.1.2. Plasmacytoid dendritic cell neoplasms associated with mixed neoplasm</p> <p><b>3.2. Langerhans cell and other dendritic cell neoplasms</b></p> <p>3.2.1. Langerhans cell neoplasms</p> <p>3.2.2. Langerhans cell neoplasms</p> <p>3.2.3. Langerhans cell neoplasms</p> <p>3.2.4. Langerhans cell neoplasms</p> <p>3.2.5. Langerhans cell neoplasms</p> <p><b>3.3. Histiocytomacrophage neoplasms</b></p> <p>3.3.1. Histiocytic neoplasms</p> <p>3.3.2. Histiocytic neoplasms</p> <p>3.3.3. Histiocytic neoplasms</p> <p>3.3.4. Histiocytic neoplasms</p> <p>3.3.5. Histiocytic neoplasms</p> <p><b>4.0. B-cell lymphoid proliferations and lymphomas</b></p> <p><b>4.1. Tumour like lesions with B-cell predominance</b></p> <p>4.1.1. B-cell lymphoid proliferations</p> <p>4.1.2. B-cell lymphoid proliferations</p> <p>4.1.3. 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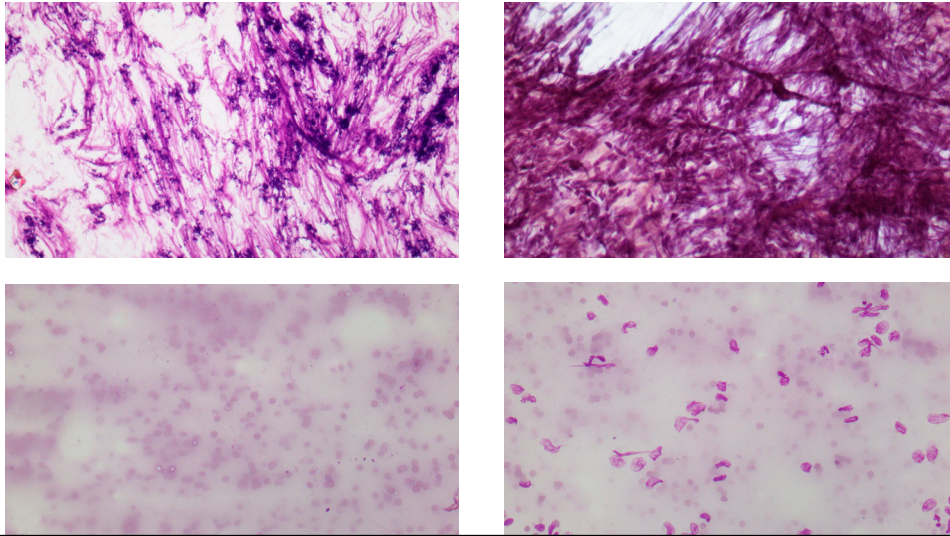
## Haematolymphoid Tumours, 5<sup>th</sup> edition

# Non-diagnostic Category

- Reliable interpretation not possible
- Qualitative and/or Quantitative Limitations
  - Insufficient cellularity, poor smearing technique, air-dry/fixation artifact, obscuring material
- Repeat FNAB recommended
  - with ROSE if possible
  - with core needle biopsy if available
- If ND at time of ROSE, needle rinse may enable diagnosis by flow cytometry, cell block with staining, cytogenetics, FISH etc



## Non-diagnostic Category



## No consensus on LN FNAB adequacy criteria

- Generally, no or very few lymphoid cells present
- Some suggested minimum 40 lymphocytes per HPF (400x) in the most cellular areas

Karunamurthy A et al. Evaluation of EBUS-FNA: correlation with adequacy and histologic follow-up. Cancer Cytopathol. 2014. PMID: 24127207.

## Non-diagnostic Category

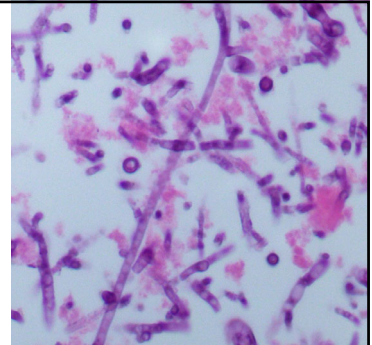
- Use one term consistently for clear communication
  - Alternatives: Insufficient, Inadequate
- Triple Test: always correlate with imaging and clinical findings
- WHO system accepts ND diagnosis in cases with good lymphoid material, but clinical findings are not explained
  - May use “Benign” category, with “sample may not be representative.”

## Diagnostic categories and ROM

ROM	ND	Benign	Atypical	Suspicious	Malignant
Gupta P, Cancer Cytopathol 2021	27.5%	11.5%	66.7%	88.0%	99.6%
Vigliar E, Diagnostics 2021	50%	1.92%	58.3%	100%	100%
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Ahuja S, Cytopathol 2022	9.1%	1.5%	37.5%	96.9%	98.2%

Range 9.1% - 58.3%

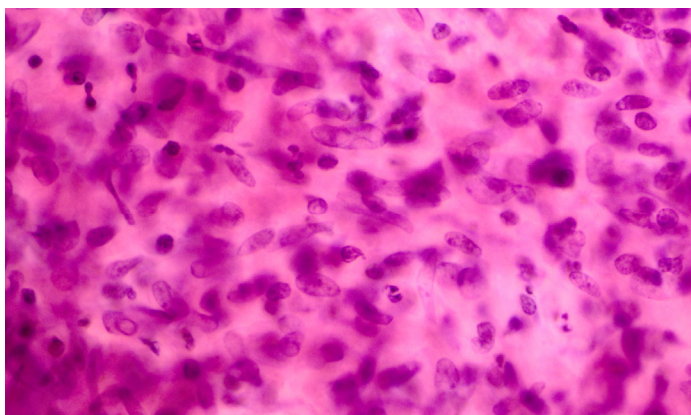
## Benign Category



- Unequivocally benign; high NPV category
- More precise diagnosis not required
- Possible findings: normal lymphoid populations, necrosis, granulomas, specific infections (viral, mycobacterial, fungal)
- Support Benign diagnosis with ancillary techniques:
  - PCR, cultures
  - cell block +/- stains (e.g. GMS)
  - Flow Cytometry with reactive population

Ancillary testing: subtype Benign process, enhance FNAB diagnostic utility

“Necrotizing granulomas” at ROSE → Send for microbiology testing



## Benign Category

- Potentially difficult DDX:
  - Follicular hyperplasia vs follicular lymphoma
  - EBV mononucleosis vs Hodgkin lymphoma
  - Partial involvement of lymph node by low grade lymphoma
- Cytopathologist categorization of inflammatory processes as Benign vs Atypical depends on skill and practice milieu
- \*\*If some findings raise possibility of lymphoma, call "Atypical"

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Range 0.7% - 11.5%

## Atypical Category

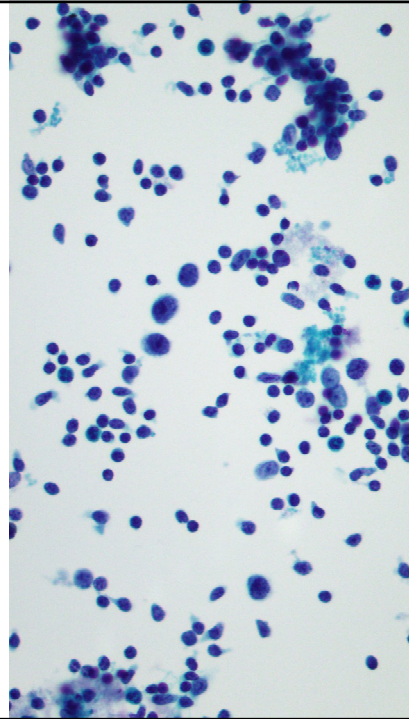
- Mostly supports benign process...
- Minimal features raise possibility of malignancy
- Insufficient quantity or quality of concerning features for Sus or Malignant
- **ALUS**: “Atypical lymphoid cells of undetermined significance” (concern for lymphoma)
- **AUS**: “Atypia of undetermined significance” (concern for non-lymphoid neoplasm)
- Report specific atypical features seen, and raise DDX
- Use judiciously to preserve clinical value of category

## Atypical Category- Next Steps

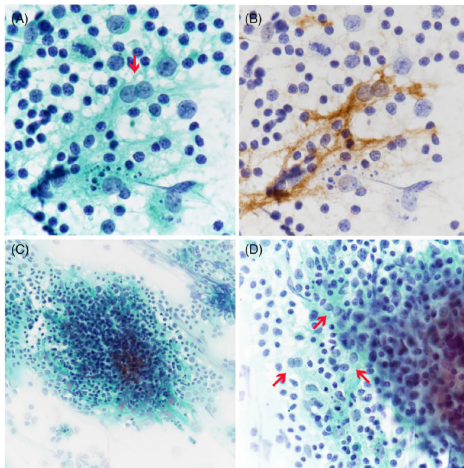
- Repeat FNAB with material for ancillary testing by flow cytometry, or CNB for IHC evaluation
- If FC or CNB not possible, excise or closely watch 2-4 weeks
- Use clinical judgment!
- e.g. DDX mononucleosis vs Hodgkin lymphoma– may observe, adenopathy may resolve
- e.g. DDX low grade B lymphoma vs reactive– re-sample, send material for FC or CNB/excision

## Atypical Category

- Smears show enlarged lymphocytes in a polymorphous background
- If adenopathy is chronic and no FC available, may diagnose Atypical and suggest repeat FNA with FC analysis



## Follicular tissue fragments more often associated with follicular processes



FTFs (>100 microns) found in

Reactive follicular hyperplasia	82.4%
Follicular lymphoma	100%
DLBCL	16.7%

> [Diagn Cytopathol. 2021 Jul;49\(7\):842-849. doi: 10.1002/dc.24753. Epub 2021 Apr 20.](#)

**Follicular tissue fragments in fine-needle aspiration cytology of lymph nodes: A useful clue in differential diagnosis of follicular lymphoma and reactive follicular hyperplasia**

Yosuke Sasaki <sup>1</sup>, Koji Kishimoto <sup>2</sup>, Mayumi Homma <sup>3</sup>, Eisuke Shiozawa <sup>1</sup>, Masafumi Takimoto <sup>1</sup>, Toshiko Yamochi-Onizuka <sup>1</sup>

Affiliations + expand

PMID: 33876862 DOI: 10.1002/dc.24753

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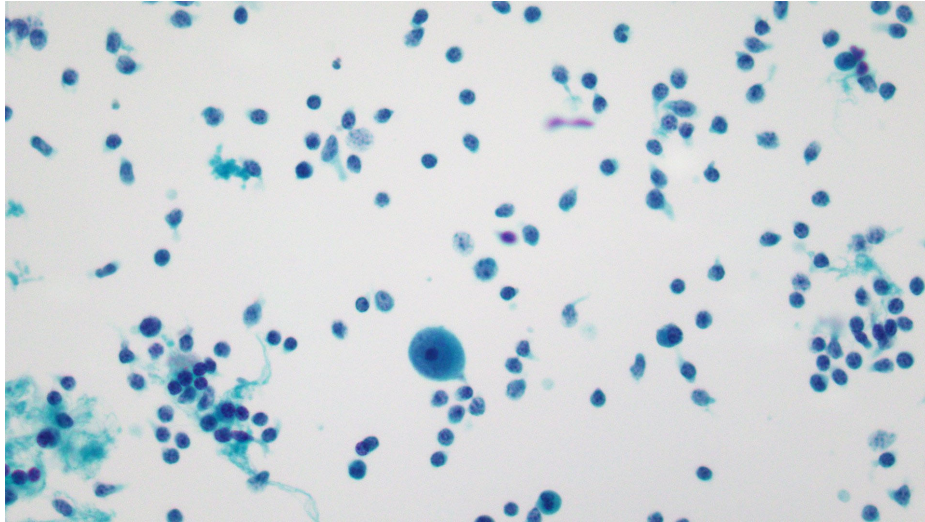
Range 28.6% - 88.8%

## Suspicious for Malignancy Category

- Morphologic features concerning for malignancy
- Limited quantity/quality of findings precludes Malignant dx
- High PPV for Malignancy
- Includes lymphoid and non-lymphoid neoplasms



## Suspicious for Malignancy



## Discerning ATYPICAL vs SUSPICIOUS

- This is an active area of research
- The following factors have not been found to be significant:
  - Smear cellularity
  - Cell block cellularity
  - Presence of large lymphoid cells
  - Homogeneity of specimen
  - Proportion of slides with atypical findings

*Trabzonlu and Ly. Investigation of various factors for discriminating between cytologic diagnosis of "atypical" vs "suspicious" in fine needle aspiration biopsy of head and neck lymph nodes. IAP 2024 (oral).*





## Suspicious for Malignancy Category

- Report describes the suspicious features, and provides DDX
- Utilize ancillary testing (FC, cell block with ICC) to try to move diagnosis to Malignant category
- Additional management required.
  - Repeat FNAB or CNB +ancill.
  - Excise if ancillary testing limited/not available.

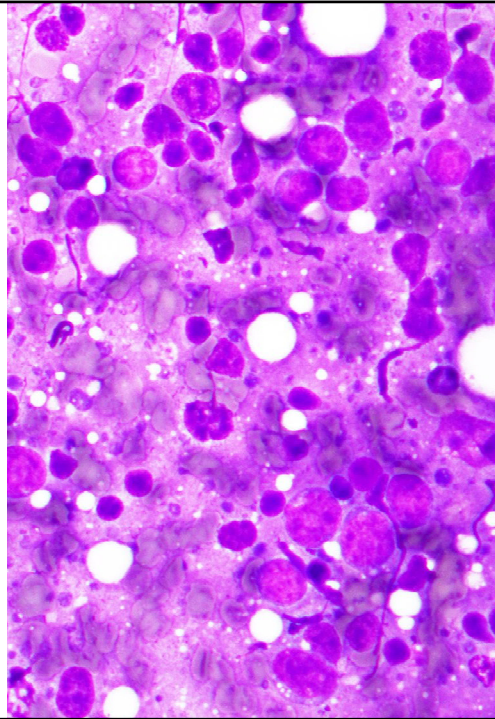
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Range 88% - 100%

## Malignant Category

- Unequivocal features of malignancy (any type)
- Malignant diagnosis is possible without ancillary testing
- Should have low False Positive rate



## Diagnostic categories and ROM

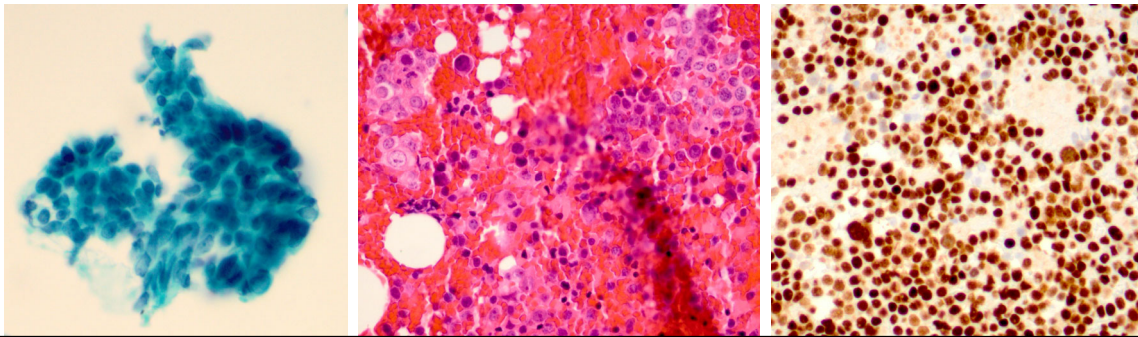
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Uzun E, Diagn Cytopathol 2022	16.6%	0.7%	88.8%	100%	100%
Ahuja S, Cytopathol 2022	9.1%	1.5%	37.5%	96.9%	98.2%

Range 98.2% - 100%

## Ancillary testing: subtype Malignancy, enhance FNAB diagnostic utility

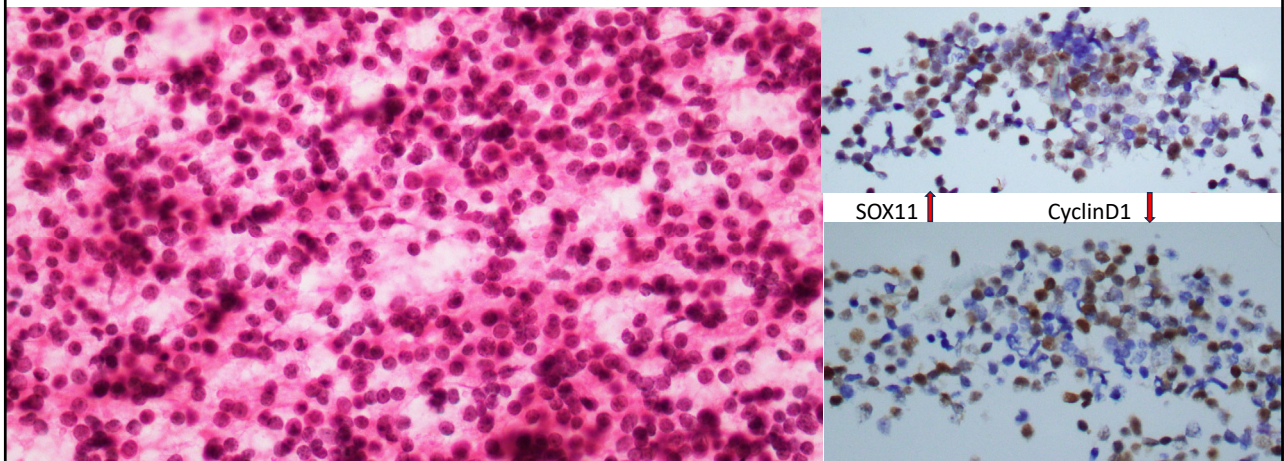
“Carcinoma” at ROSE →

Squamous cell carcinoma with p40+ on cell block



## Ancillary testing: subtype Malignancy, enhance FNAB diagnostic utility

“Lymphocytes” at ROSE → Mantle cell lymphoma +FC, cell block +stains



## FNA Diagnostic Utility is enhanced by:

- High quality samples (cellular, representative)
- High quality FNAB smear preparations (learn and teach good technique!)
- ROSE
  - decreases ND rate
  - supports appropriate triage for ancillaries
  - provides preliminary diagnoses
- Routine use of FC and Stains to confirm diagnoses

FNAB can triage management for the patient even if specific diagnosis cannot be made



## Lymph Node FNAB Sampling and Specimen Preparation

- Split sample, create multiple direct smears
- Air-dried and alcohol-fixed smears are complementary:
  - Air-dried smears for background material and cytoplasmic quality
  - Alcohol-fixed for nuclear detail
- ROSE is possible with both fixation methods
  - Reserve air-dried smears for micro stains (GMS, Gram etc)
- Additional dedicated passes for cultures, flow cytometry, cell block, molecular (based on ROSE)

## Part 2. Patient Evaluation

### Patient Evaluation: Clinical History

- Duration of lymphadenopathy
- Fluctuations in size
- History of any malignancies
- Recent travel
- Exposure to infectious agents

## Patient Evaluation: Clinical History

### Review of systems

Recent viral illness, cold flu, sinusitis ...*think back*

Dental procedures/problems

B symptoms: Fever, night sweats, chills, weight loss, headache

Skin changes: rash, itching

Cough, pain

Smoking history

## Patient Evaluation: Physical Exam

Size

Characteristics:

Soft, firm, mobile, fixed, matted, adjacent lymph nodes

Location

Amenable to biopsy?

By palpation

Under image guidance (US, CT)

## Establish clinical index of suspicion

Mentally Rank DDXs:

- Clinically benign/reactive

- Possibly infectious

- Possibly metastatic

- Lymphoma

- Other

## Patient Evaluation: Physical Exam

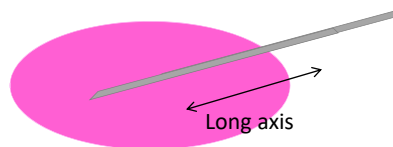




## Patient Evaluation: Physical Exam



## Lymph node FNAB

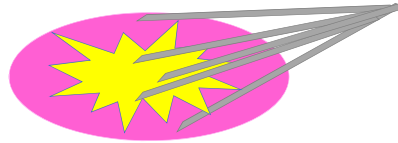


1<sup>st</sup> pass  
Reactive lymph node  
Acute or chronic lymphadenitis  
Infectious process

2<sup>nd</sup> pass and additional passes  
Reactive lymph node  
Acute or chronic lymphadenitis  
Infectious process  
*and*  
Lymphoma, non-Hodgkin



## Lymph node FNAB



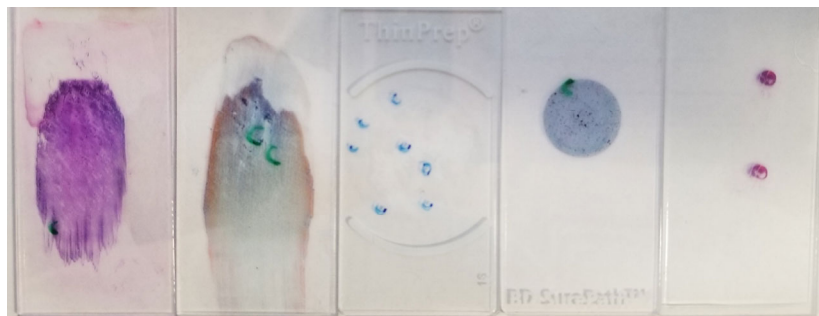
2<sup>nd</sup> and additional passes  
Sclerotic lesions  
Nodular sclerosing Hodgkin Lymphoma  
Sclerosing large cell lymphoma  
Metastatic lesions

## Lymph node FNAB: Maximize Diagnostic Yield

Allocate sample:

- Smears – save unstained for testing
- Flow cytometry
- Cell block, IHC, special stains,
- Molecular testing
  - FISH
  - PCR
  - Sequencing

## Part 3. Diagnostic Approach



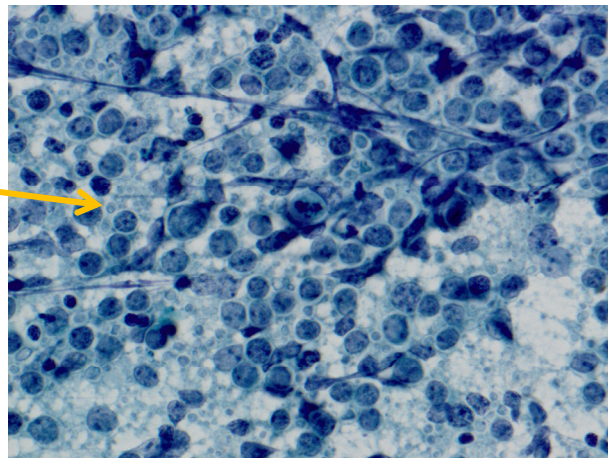
### Low-power Morphologic Impression

- 1. Are there cells to evaluate?
- 2. Are the cells lymphoid or non-lymphoid? Both?
- 3. If lymphoid, identify the pattern:
  - Polymorphous
  - Monotonous, small
  - Monotonous, medium
  - Monotonous, large
  - Pleomorphic

Is a lymphoid population present?

Consistent findings in aspirated lymphoid tissue:

- Dispersed cell pattern
- Lymphoglandular bodies



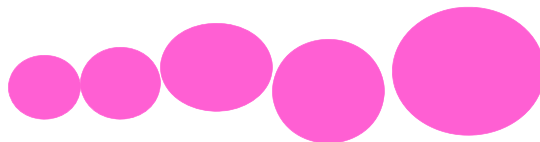
## Discerning Monomorphous vs Polymorphous

### Lymph node FNA Cytomorphology

“String of pearls” Visual Assessment



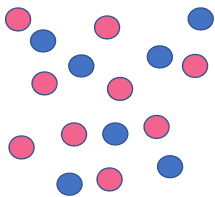
*monomorphous*



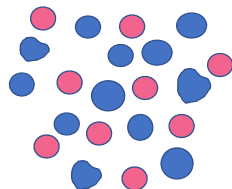
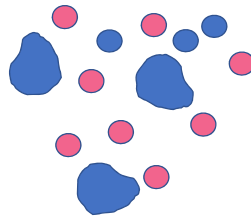
*polymorphous*

## Judging Cell Size

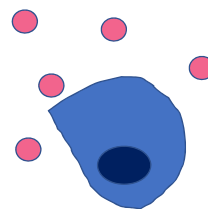
Small lymphocyte pattern  
6 to 10-12 micron  
2x RBC  
Smaller than histiocyte nucleus



Large lymphocyte pattern  
>20 micron  
>3x RBC  
At least 1.5x histiocyte nucleus



Polymorphous pattern

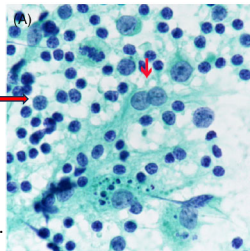


Pleomorphic pattern

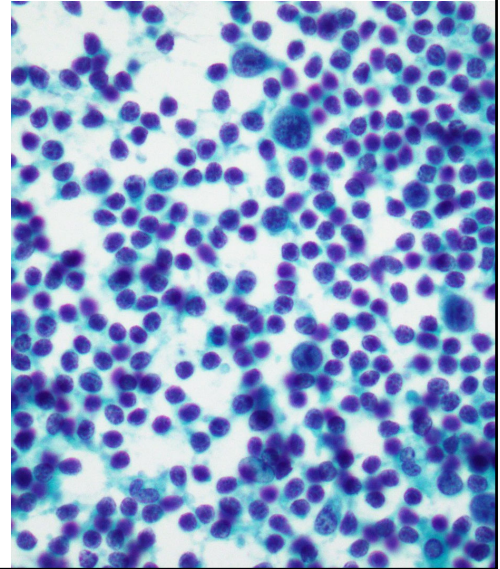
## Reactive lymph node populations

- Resting small lymphocytes
- Centrocytes
- Centroblasts
- Tingible body macrophages
- Follicular dendritic cells

“Kissing  
nuclei” of FDC



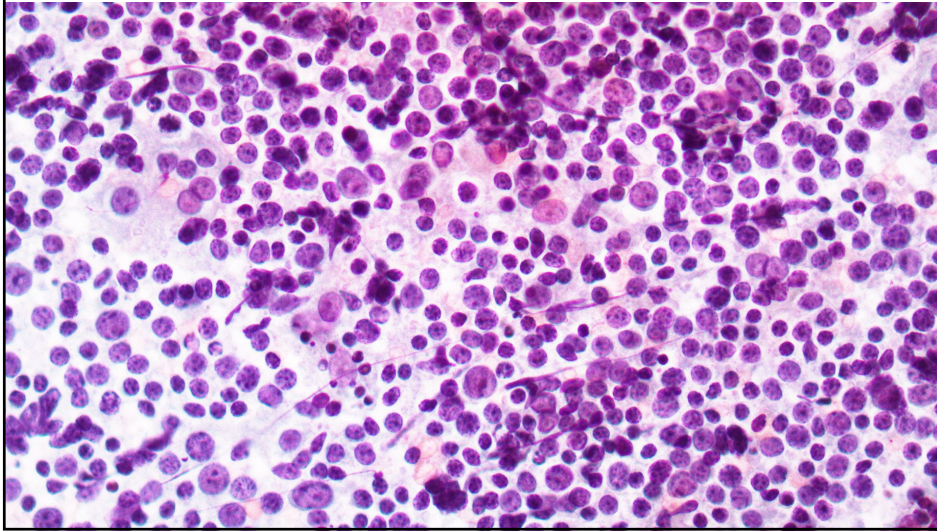
Sasaki et al. Diag Cytopathol. 2021.



## Medium-High power evaluation

- Nuclear size(s)
- Nuclear shapes (membrane irregularities)
- Amount of cytoplasm (N:C ratio) – is it lymphoid?
- Chromatin quality (condensed, coarse, vesicular)
- \*Relative nuclear size varies based on stain and drying artifact
- \*Crush artifact and thick smears are limitations

## Case 1. Axillary node, 45yo man, HIV+



What pattern?

Polymorphous

Monotonous, small  
Monotonous, medium  
Monotonous, large

Pleomorphic

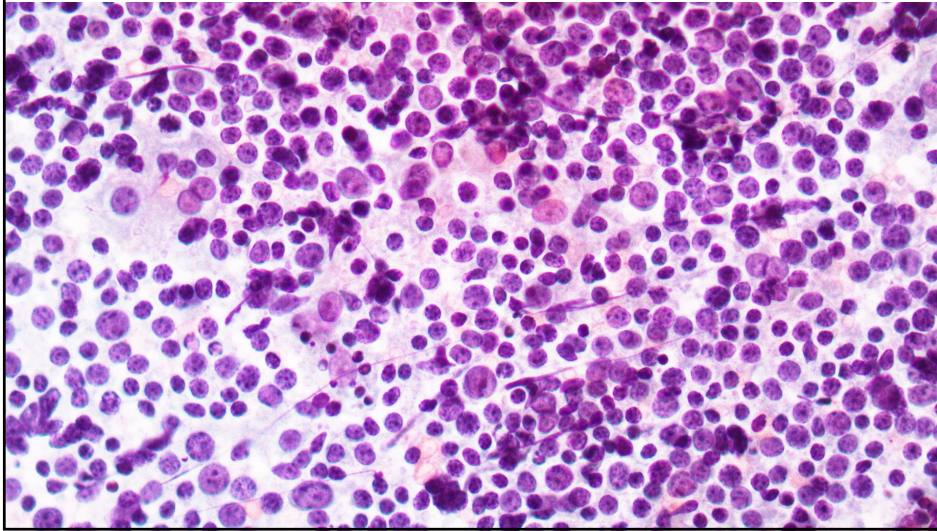
## Case 1. Polymorphous pattern

DDX:

- Reactive lymphoid hyperplasia (non-specific)
- Partial involvement by small B cell lymphoma (e.g. CLL, follicular)
- Hodgkin lymphoma
- T-cell lymphoma



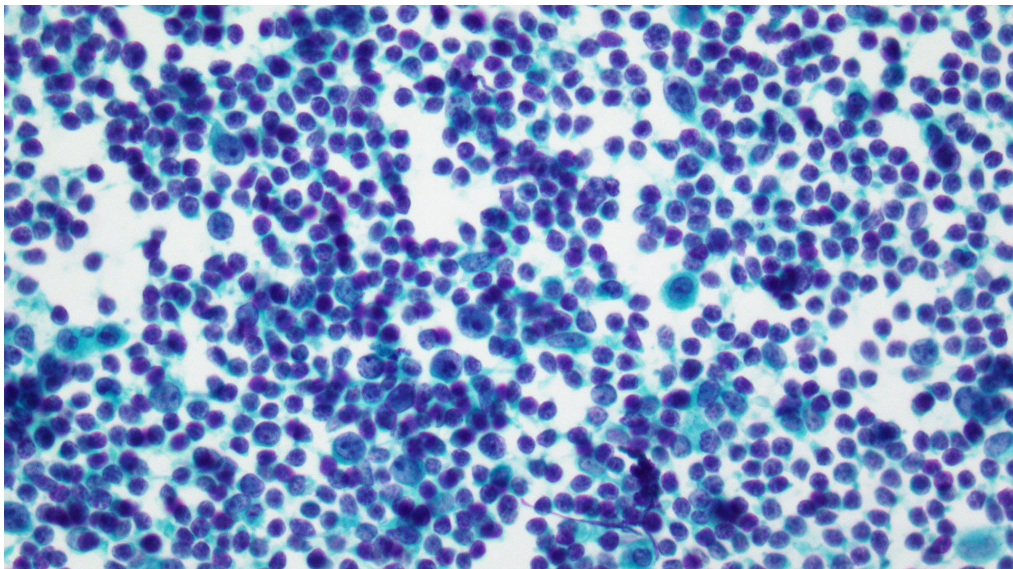
## Case 1. Axillary node, 45yo man, HIV+



Diagnosis: Reactive hyperplasia

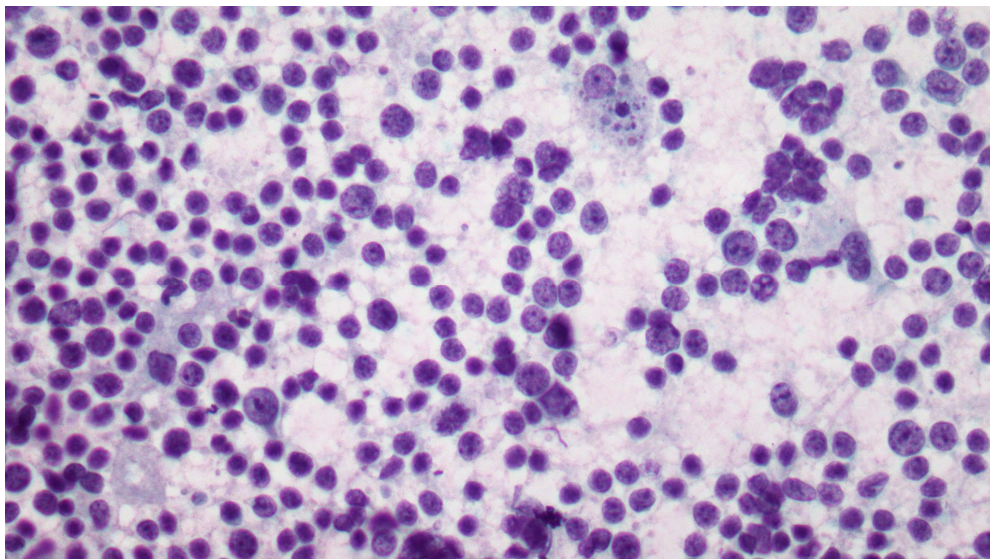
Flow cytometry negative

## Additional examples of reactive node

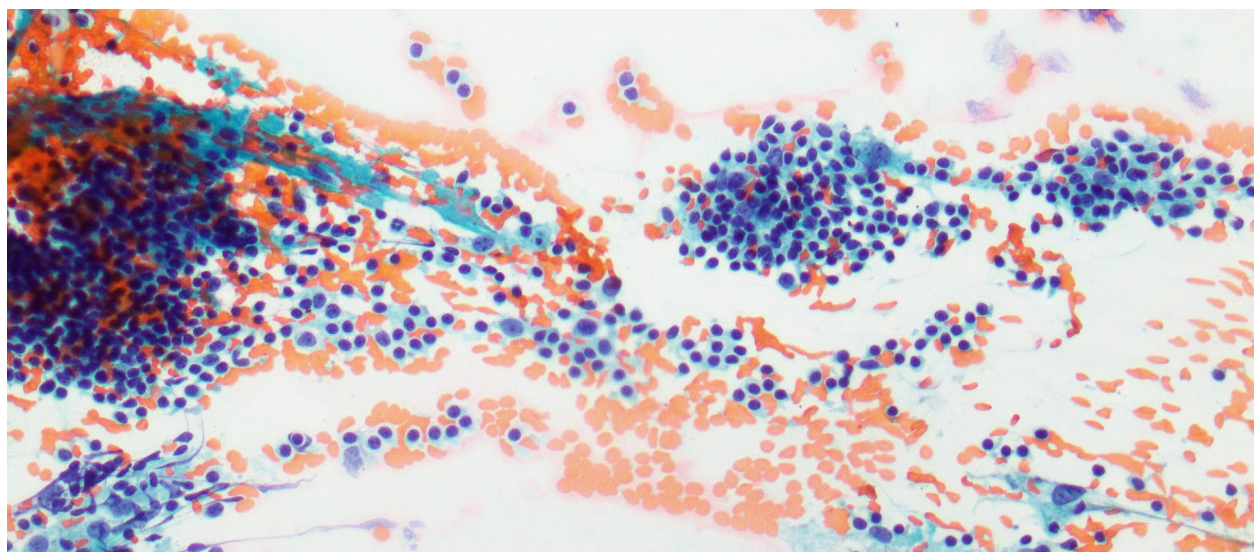




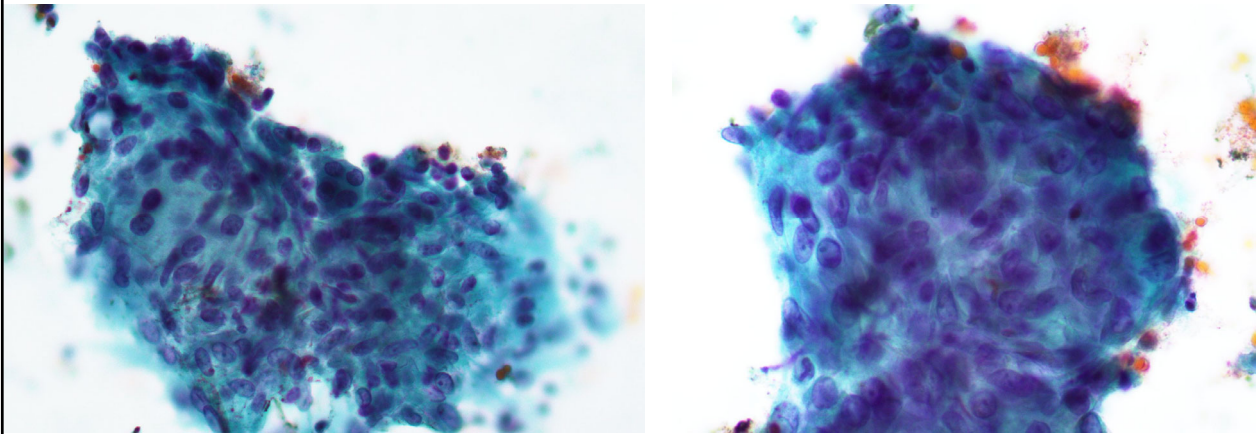
Additional examples of reactive node



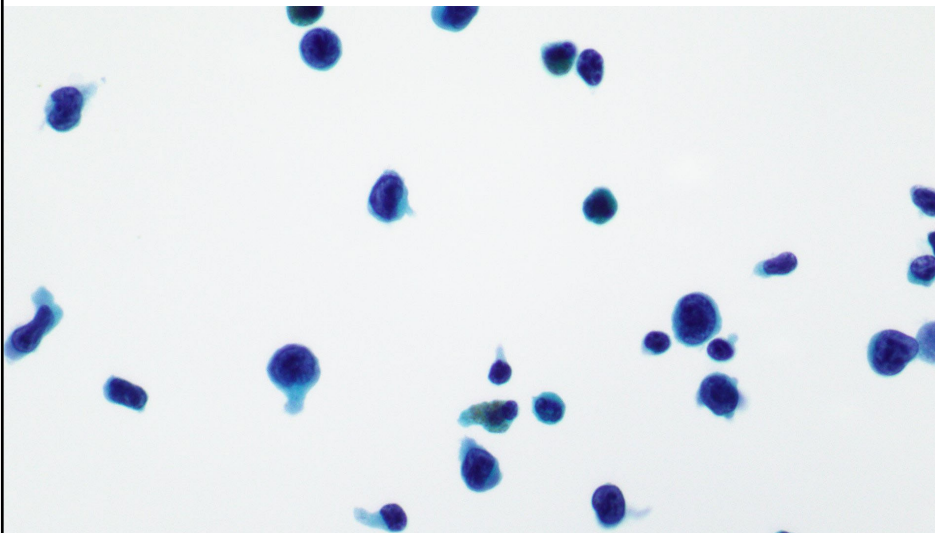
Additional examples of reactive node



## Additional examples of reactive node



## Case 2. Axillary node, 80 yo woman



What pattern?

Polymorphous

Monotonous, small

Monotonous, medium

Monotonous, large

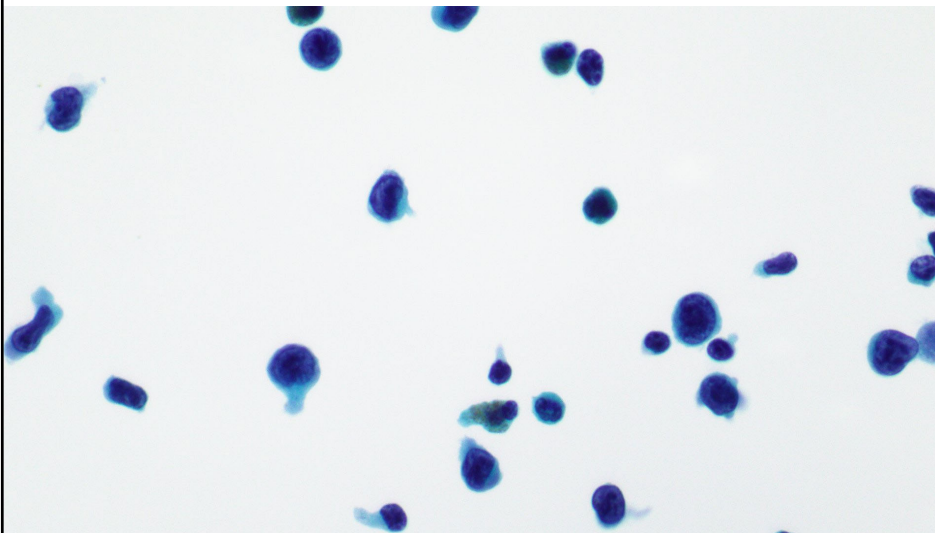
Pleomorphic

## Case 2. Monotonous, Large cell pattern

DDX:

- DLBCL
- Grade 3 follicular lymphoma
- Transformation of low grade B lymphomas
- T cell lymphomas
- Blastoid mantle cell lymphoma
- Non-lymphoid metastases

## Case 2. Axillary node, 80 yo woman



Diagnosis: Peripheral T cell lymphoma

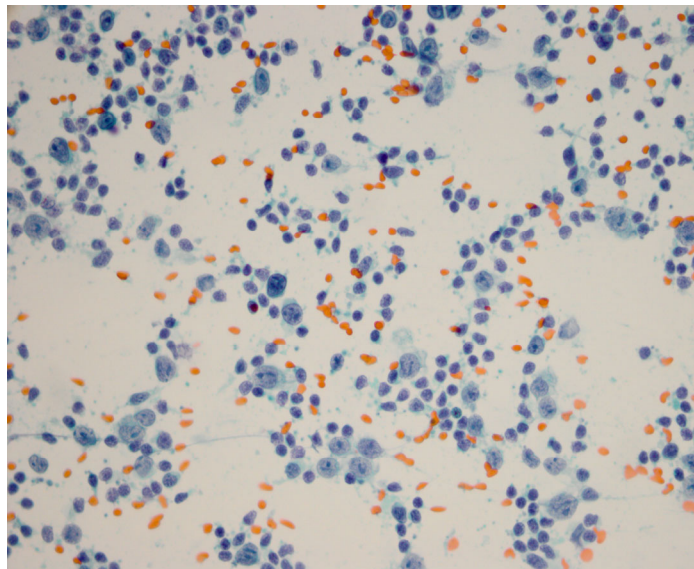
Aberrant T cell population (15%) on flow cytometry:  
CD2+/CD3+/CD4+/CD5+  
CD7-/CD8-/CD56-

IHC on subsequent excision:  
CD4+ (weak)  
CD25+  
CD30+  
MUM1+  
PAX5-/ALK-/CD15-/EMA-  
/perforin-



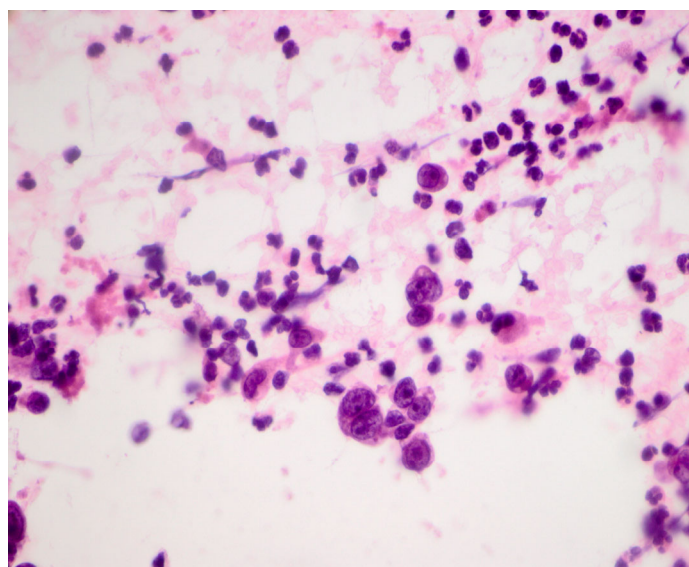
## Additional examples of large cell pattern

DLBCL



## Additional examples of large cell pattern

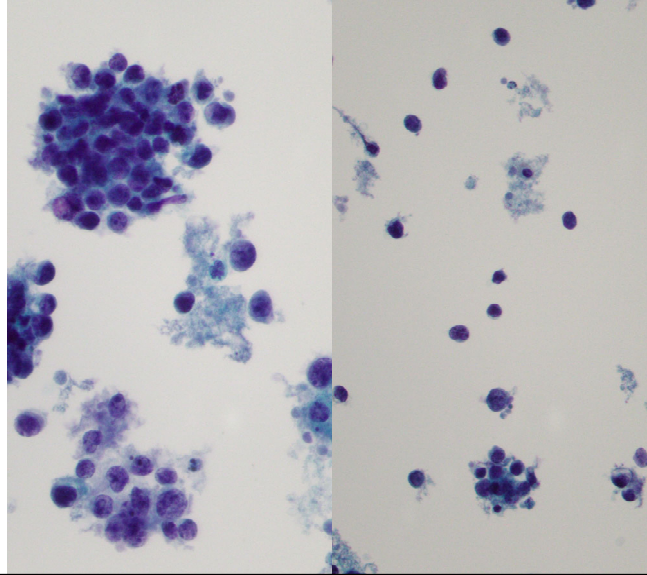
Hodgkin  
Lymphoma



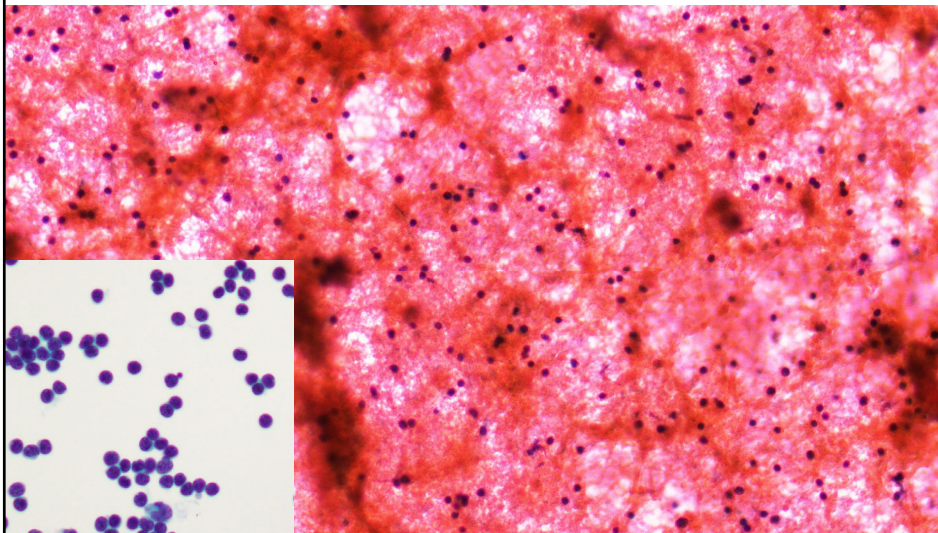
## Additional examples of large cell pattern

High grade B cell  
lymphoma, NOS

(FISH studies failed,  
no other specimens,  
began chemo)



## Case 3. Retroperitoneum, 62 yo man



What pattern?

Polymorphous

Monotonous, small  
Monotonous, medium  
Monotonous, large

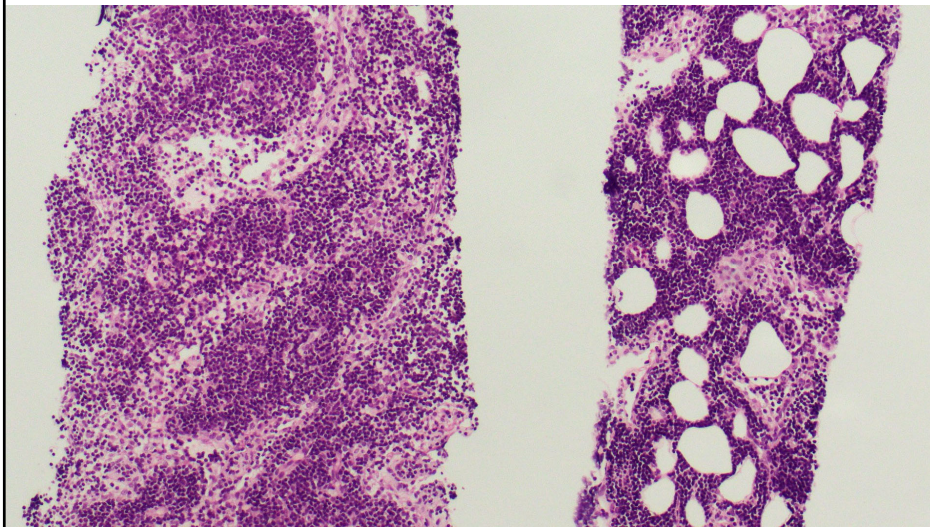
Pleomorphic

## Case 3. Monotonous, small cell pattern

DDX:

- Reactive lymphoid hyperplasia
- Small B cell lymphomas (e.g. SLL/CLL, follicular, mantle cell, marginal zone)
- Small cell carcinoma metastases

## Case 3. Retroperitoneum, 62 yo man

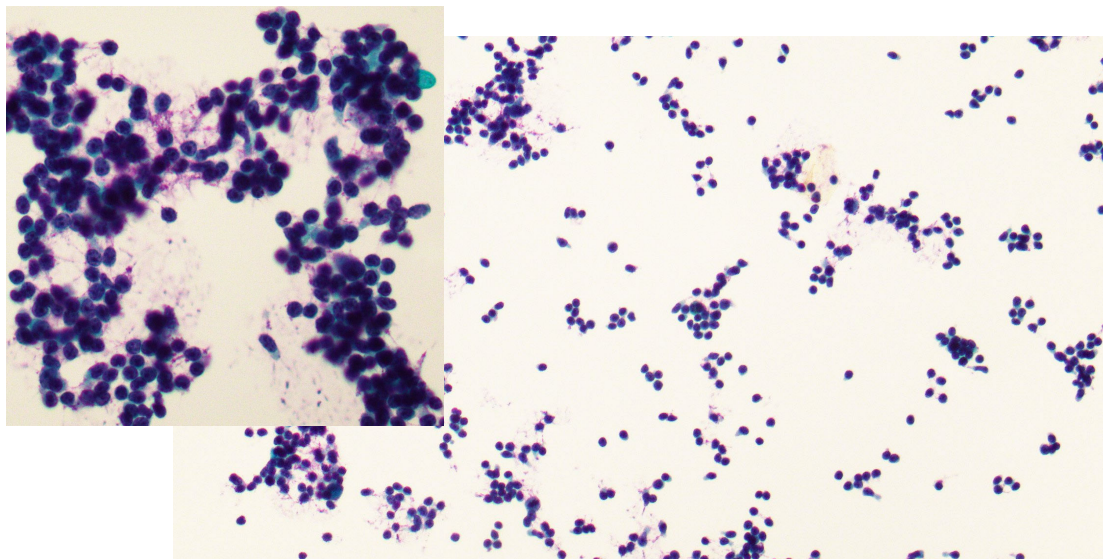


Follicular lymphoma, grade 1



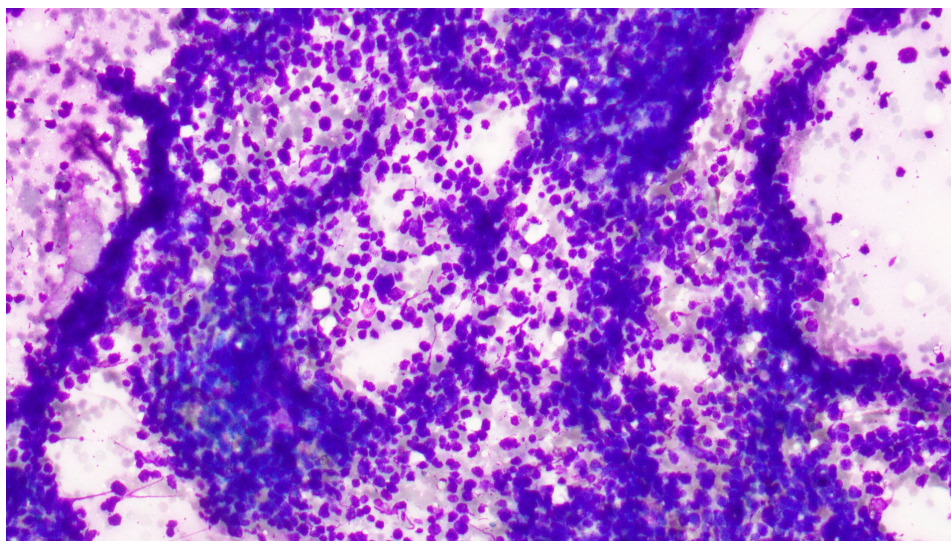
## Additional examples of small cell pattern

CLL



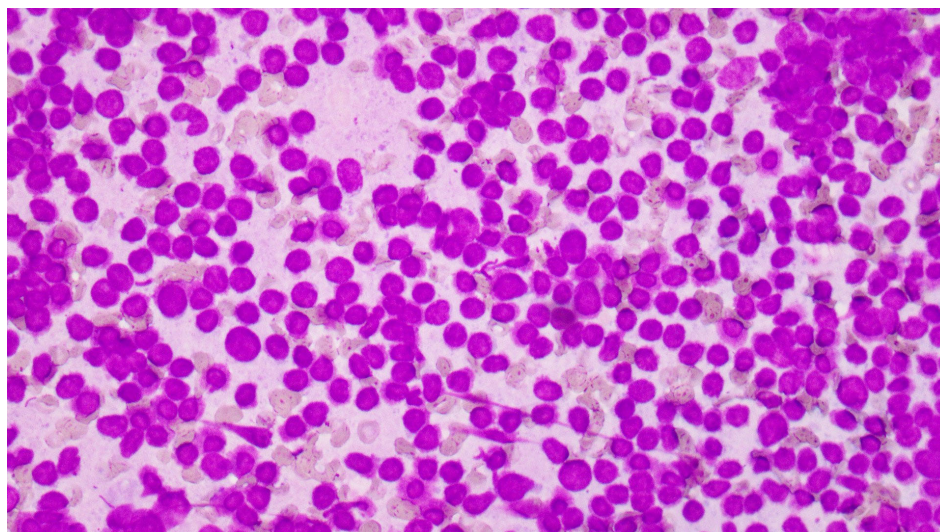
## Additional examples of small cell pattern

Submandibular  
Lymphoblastic  
Lymphoma



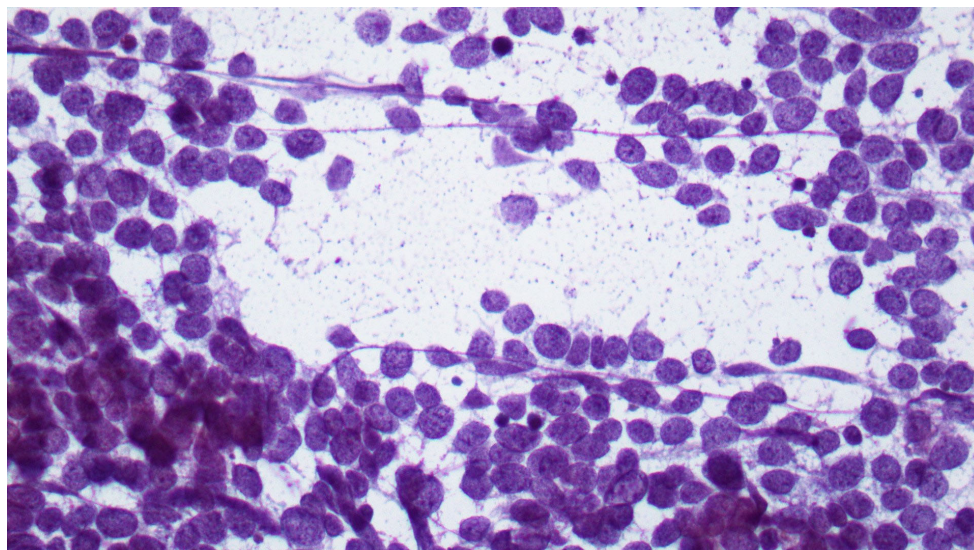
## Additional examples of small cell pattern

Mantle cell  
lymphoma



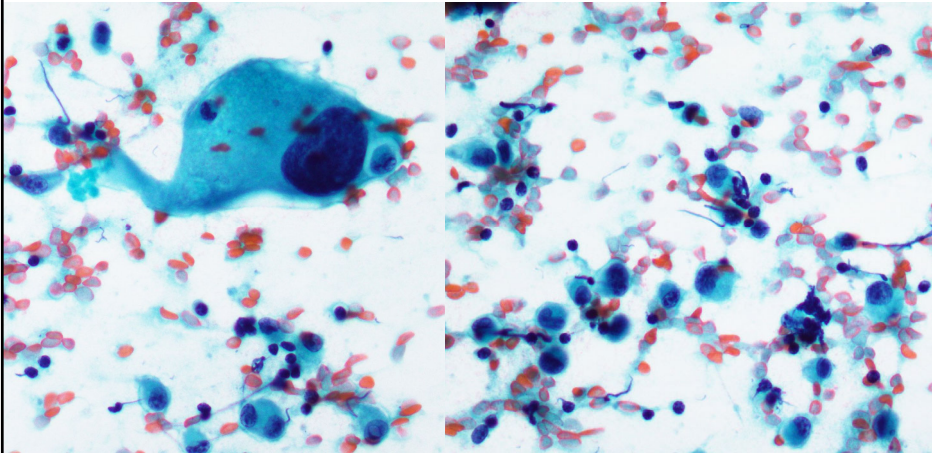
## Additional examples of small cell pattern

Small cell  
carcinoma





## Case 4. Axillary node, 45yo man



What pattern?

Polymorphous

Monotonous, small  
Monotonous, medium  
Monotonous, large

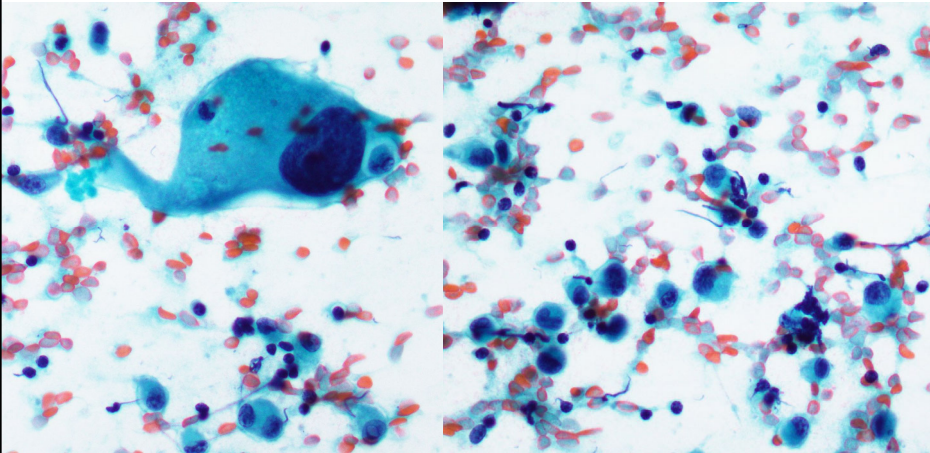
Pleomorphic

## Case 4. Pleomorphic pattern

DDX:

- Hodgkin lymphoma
- Anaplastic large cell lymphoma
- DLBCL
- Transformation of low grade B lymphoma
- T cell lymphomas
- Metastatic malignancies

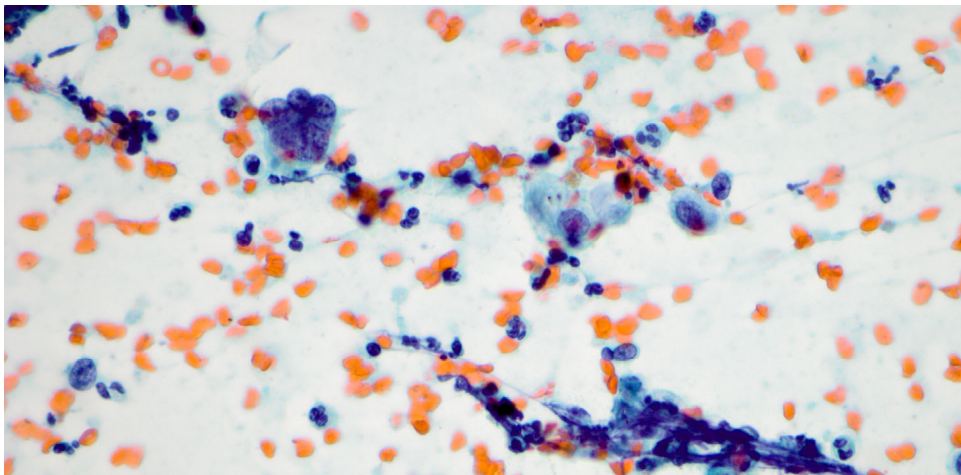
## Case 4. Axillary node, 45yo man



Diagnosis:  
Melanoma

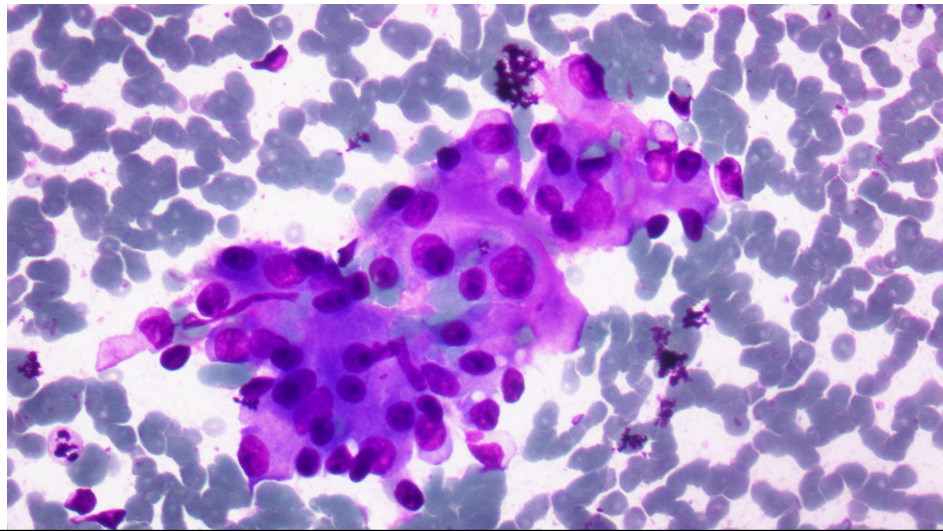
## Additional examples of pleomorphic pattern

Hodgkin  
Lymphoma



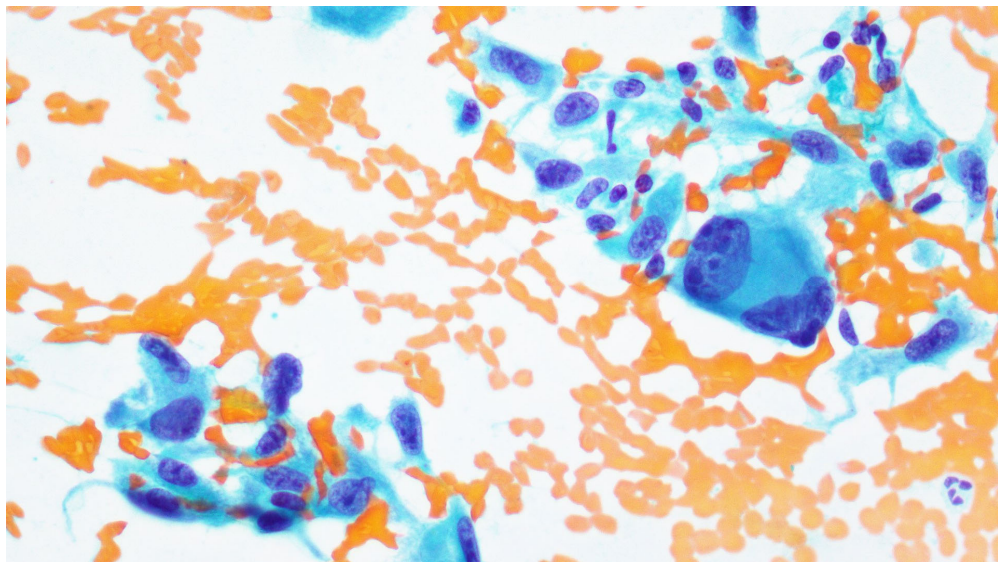
## Additional examples of pleomorphic pattern

Metastatic  
renal cell  
carcinoma



## Additional examples of pleomorphic pattern

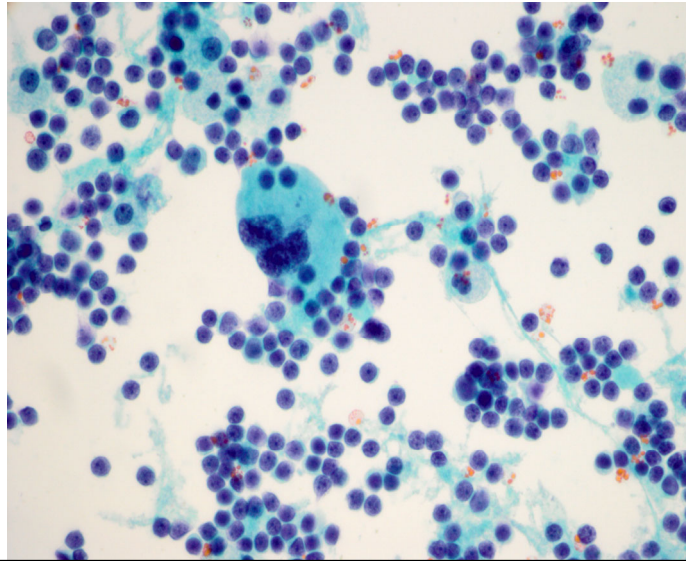
Metastatic  
Anaplastic  
Thyroid  
Carcinoma





## Additional examples of pleomorphic pattern

Hematopoiesis in  
Pleural Fluid



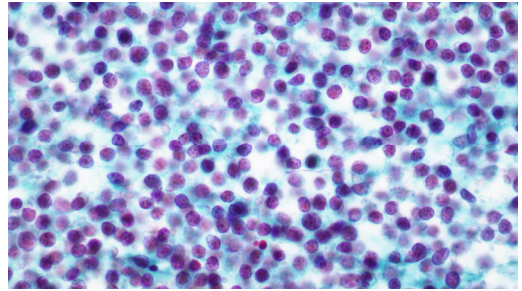
## Tailor IHC panel to morphologic DDX

- Small B-cell lymphomas
- Hodgkin lymphoma
- Large cell lymphomas
- T-cell lymphomas

## “Small B-cell lymphomas” suggested panel

CD3
CD20
CD5
Cyclin D1
Sox11
BCL2
BCL6
Ki67
LEF1

CLL/SLL  
Follicular lymphoma  
Mantle cell lymphoma  
Marginal zone lymphoma  
Lymphoplasmacytic lymphoma

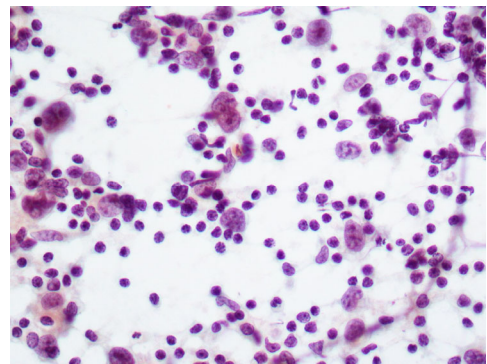


Mantle cell lymphoma

## “Hodgkin” suggested panel

CD3
CD20
CD30
CD15
EBER
PAX5

Classic Hodgkin lymphoma  
NLP Hodgkin Lymphoma  
T cell/histiocyte-rich large B cell lymphoma  
Reactive node (with many immunoblasts)

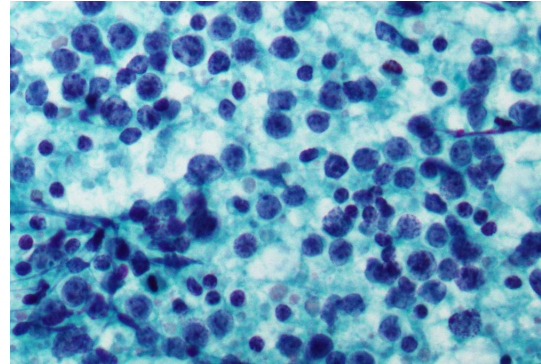


Hodgkin lymphoma

## “Large cell lymphomas” suggested panel

CD3, CD5
CD10, CD20
Cyclin D1, MUM1
BCL2, BCL6
CD30, EBER
Ki67, C-MYC, p53

DLBCL  
High grade B cell lymphoma  
Burkitt lymphoma

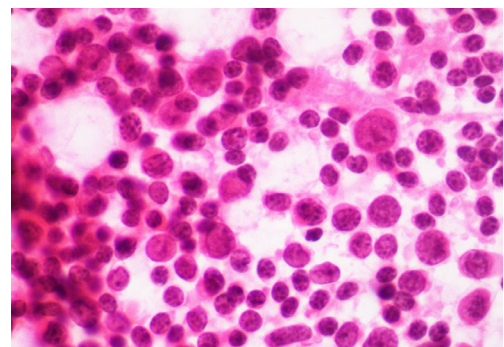


DLBCL

## “T cell lymphomas” suggested panel

CD2, CD3, CD4, CD5, CD7, CD8
CD25, CD30, CD56
CD10, BCL2, BCL6
CD21/CD23
Ki67, ALK, EBER, Ki67, PD-1
Perforin, granzyme B
TCRs (gamma, delta)

Peripheral T cell lymphoma, NOS  
ALCL (+/- ALK subtypes)  
Reactive hyperplasia  
Nodal T-follicular helper cell  
lymphomas (e.g. AITL)



Peripheral T cell lymphoma, NOS

Thank you