# Malignant Effusions: Primary versus Metastatic

Marina Vivero, MD June 13, 2023



- Why are effusions important?
- Review reporting of effusion cytology
- Review the more common metastatic tumors in effusions
- Discuss diagnosis of both common and uncommon metastatic tumors in fluids with comparison to mesothelioma
- Discuss emerging issues in the cytologic diagnosis of mesothelioma

#### **Clinical Significance of Effusions**

- Benign disease
  - Heart/liver/renal failure
  - Intection
  - Autoimmune disease
  - Vasculitis
- Malignant disease
  - Metastatic disease
  - Primary malignancy (mesothelioma)
- · Clinical outcomes poorer in patients with effusions in multiple clinical settings
  - o Increased risk of death in inpatients with pneumonia (13.3% at 30 days)
  - o Indicates advanced disease in patients with malignancy
    - Median survival 3-12 months
      - Lung cancer > cancer of unknown primary > ovarian cancer
- Treatment is palliative
  - Chemotherapy
  - Drainage and pleurodesis

# Historical Accuracy of Effusion Cytology

- Overall sensitivity 58%
  - Varies by tumor type
  - · Lower for mesothelioma (32%)
  - High for lung adenocarcinoma (84%)
  - Use of cell blocks and ancillary studies increases sensitivity
- Overall specificity = 97-99%
- Accuracy in tumor typing 94%



# The International System for Reporting Effusion Cytology

- Developed in 2019 by IAC and ASC to improve diagnostic agreement and accuracy
- Not uniformly applied
- Use 50-75 mL adequacy threshold
- · Requires enough mesothelial cells for evaluation

Category	Examples
I. Nondiagnostic	<50-75 mL, acellular specimen, obscuring rbc
II. Negative for malignancy	Adequate, definite benign diagnosis
III. Atypia of undetermined significance (AUS)	Insufficient IHC evidence to prove malignancy, atypical lymphocytes, reactive atypia, degenerated cells
IV. Suspicious for malignancy	Insufficient material for definitive diagnosis
V. Malignant	Definitive evidence of malignancy



The	Inter	natio Effi	nal Sy usion C	stem f Cytolog	for Ro gy	eport	ing
Category		R	isk of Maligna	ancy: Pleura	I Effusions	;	
outogory	Lobo et al.	Zhu et al.	Ahuja & Malviya	Straccia et al.	Jha et al.	Bharti et al.	Pinto et al.
Non-diagnostic	57.1%	40%	0%	18%	87.5%	30.9%	40%
Negative for malignancy	23.9%	29.8%	2.1%	15%	51.61%	12.9%	20.16%
AUS	50%	49.3%	33.3%	45.3%	88.23	100%	42.86%
SFM	76.2%	99.3%	94%	93%	87.5%	100%	78.57%
Malignant	100%	100%	100%	100%	100%	90.2%	100%

# The International System for Reporting Effusion Cytology

Cotomony	Risk of Malignancy: Peritoneal Effusions						
Calegory	Lobo et al.	Zhu et al.	Ahuja & Malviya	Straccia et al.			
Non-diagnostic	100%	0%	50	19.3%			
Negative for malignancy	26.3%	27.5%	4.8%	10.4%			
AUS	62.5%	60.9%	22.2%	43.5%			
SFM	91.7%	99.5%	83.3%	100%			
Malignant	100%	100%	100%	100%			

# The International System for Reporting Effusion Cytology

#### Interobserver Agreement

- Highest for <u>negative</u> (76%) and <u>malignant (81%)</u> categories
  Lowest for the suspicious category (22%)
  44% of diagnoses varied by two categories

	Size of disagreemen	nt		
Category	0 category	1 categories	2 categories	3 categories
2	224/293 (76%)	58/293 (20%)	11/293 (4%)	0
3	30/94 (32%)	61/94 (65%)	3/94 (3%)	0
4	8/36 (22%)	12/36 (33%)	16/36 (44%)	0
5	143/176 (81%)	19/176 (11%)	6/176 (3%)	8/176 (5%)

	Body site	Observed agreement	Карра	Weighted Kappa	Strength of agreement
	Breast <sup>8</sup>	68.6%	0.69	0.91	Substantial
	Salivary Gland <sup>9</sup>	NR	0.42	NR	Moderate
Comparable to other	Lung <sup>10</sup>	49.5%	0.20	NR	Slight
reporting quetomo	Urine <sup>11</sup>	65%	0.32	NR	Fair
reporting systems	Pancreas <sup>15</sup>	NR	0.45	0.65	Moderate
	Pleural fluid	68%	0.51	0.63	Moderate

Normal Elements: Mesothelial Cells Binucleation Vacuolated cytoplasm



#### Distinction Between Primary and Metastatic Disease

- 1. Establish malignancy
- 2. Differentiate between mesothelioma and metastases
- 3. If metastatic disease, establish tumor lineage
- 4. If mesothelial, distinguish between benign reactive mesothelial cells and mesothelioma

## Features of Malignant Effusions





- Increased specimen cellularity
- Morphologically distinct "Second population"
   May not be present in mesothelioma
- Numerous large clusters with community border OR singly dispersed cells
- +/- cytologic atypia
- Don't neglect background elements
  - Background mucin
  - Psammoma bodies
  - Necrotic debris

Peritone	al Effusions	Pericardi	al
% Ovarian AC	CA 27%	Lung	60-75%
%* Gastric	14%	Breast	25-39%±
) Breast	13%	GI tract	9%
Pancreatic	: 11%	Hematolymphoid	3%
6 Colorectal	10%	Ovarian	4-8%
Lymphoma	a 5-12%	Mesothelioma	3%
Melanoma	2%	Melanoma	1%
Mesothelic	oma 1-8%	Mesothelioma	1%
	Peritone 7% Ovarian AG %* Gastric Breast Pancreatic % Colorectal Lymphoma Melanoma Mesothelic	Peritoneal Effusions7%Ovarian ACA27%6%*Gastric14%0Breast13%0Pancreatic11%%Colorectal10%Lymphoma5-12%Melanoma2%Mesothelioma1-8%	Peritoneal EffusionsPericardi7%Ovarian ACA27%Lung%*Gastric14%Breast0Breast13%GI tract0Pancreatic11%Hematolymphoid%Colorectal10%OvarianLymphoma5-12%MesotheliomaMelanoma2%Melanoma

± Only women in this analysis

# Metastatic Carcinoma vs. Mesothelioma: Immunohistochemistry

Epithelial/C	arcinoma Ma	rkers	Mesothelior	na Markers	
Marker	Sens.	Spec.	Marker	Sens.	Spec.
CEA	63-78%	98%	Calretinin	85-96%	87-100%
BerEP4	74-89%	95-98%	WT-1	78%	62%
MOC31	86-92%	87-97%	D2-40	79%	100%
Claudin-4	91-100%	99-100%	Mesothelin	75%	71%

#### Mesothelioma vs. Metastatic Lung Adenocarcinoma: SOX6 Immunohistochemistry

Meso vs. LUAD 98% sensitivity 93% specificity





#### Mesothelioma vs. Melanoma

- 1-6% effusions
- Usually single cells, but can be clustered
- Shared features with mesothelioma:
  - Low NC ratio
  - o Binucleation
  - o Eccentric nuclei
- Melanin in 50-83% of cases
- Can show weak and focal keratin staining in rare cases



# **Effusions in Lymphoma**

- 3-16% of effusions
- Lymphoma in effusions almost always represents involvement by previously-diagnosed disease
- 75% are B-cell lymphomas
- 44-50% are large B-cell lymphomas
  - Cellular samples
  - Often smaller than mesothelial cells
  - Higher N/C ratio than mesothelial cells





#### Primary Effusion Lymphoma

- 0.1% effusions
- Immunocompromised patients
- Most (not all) HHV-8 +
- B-cell lymphoma
  - Negative for pan-B markers
    LCA, CD138+

  - Clonal Ig gene rearrangements
- Large, dyshesive cells with plasmablastic features
- Ancillary studies (IHC, flow cytometry) required
- Resistant to chemotherapy and fatal within 6 months



## Mesothelioma vs. Sarcoma

- 1-6% effusions
- Usually patients have established history
- Cells may be rounded or oval in liquid-based preparations even if spindled on histology
- Can be singly-dispersed cells, multinucleated
  - o Ewing sarcoma
  - Vascular tumors (EHE, angiosarcoma)
  - o Undifferentiated pleomorphic sarcoma











#### Malignant Mesothelioma

- <2% of all malignant effusions</p>
- Sites: pleura > peritoneum > pericardium
- 80% of cases linked to asbestos exposure
  - Latency of 2-4 decades
  - Mantle radiation for Hodgkin lymphoma, thorotrast
- Incidence in the US peaked in the 1990's
  - · Decline in the US, continues to be a health issue worldwide

#### Radiology

- Unilateral pleural effusion (usually right-sided)
- Pleural thickening
- Pleural nodularity
- Rarely a single mass



#### Malignant Mesothelioma

- Distribution of types in fluids: epithelioid > biphasic > sarcomatoid
- Rule out metastasis
  - Pay attention to the radiology if available
  - Effusions with large clusters more likely to be <u>non-small cell carcinoma</u> (adenocarcinoma) than mesothelioma
- Most objective diagnostic feature is invasion into fibroadipose tissue on pleural biopsy
- Challenges in cytologic diagnosis of mesothelioma
  - Cannot assess for invasion
  - · Morphologic overlap between benign and malignant proliferations
  - Bland reactive proliferations are often more pleomorphic than mesothelioma

## Malignant Mesothelioma: Low Power

 Large clusters with scalloped borders ("mulberry clusters")
 Retain windows and lacy

skirts seen in normal mesothelial cells

#### OR

• Numerous dyscohesive cells - Diagnostically challenging

- Radiology should prompt consideration
- Rely on severe cytologic atypia and ancillary studies





## Malignant Mesothelioma: High Power







microvilli, "windows"





## Morphologic Features Favoring Malignant Mesothelioma

- High cellularity
- Numerous large "mulberry" clusters
  - Clusters of >20-40 cells are indicative of malignancy
  - Reactive mesothelial cells do not form large groups
  - · Adenocarcinoma is more likely to have a "community border"
- Marked cytomegaly
- Severe cytologic atypia
- Typical clinical and radiographic features





#### Malignant Mesothelioma: Cytogenetics

- · High sensitivity and specificity
- Can be performed on FFPE
- 2 commercially available probes (9p and 22q)
- Homozygous 9p21 deletion has 100% specificity
   ~35% have homozygous deletion; another 3-35% heterozygous
- However: time-consuming and requires expertise for interpretation



#### Immunohistochemistry for Distinction Between Benign and Malignant Mesothelial Proliferations

Marker	Reactive %	Mesothelioma %	Sens. (%)	Spec. (%)
Desmin	84-86	0-10	48	97
EMA	4-6	71-100	68-99	74-97
GLUT-1	0-37	40-100	40-99	80-100
P53	0-14	16-86	41-61	91
IMP3	0-27	36-91	36-77	73-100
BAP1	0	57-80	57-67	100
MTAP	0	45	45	100
NF2	0	35-65	35-65	100

- Many markers proposed based on preferential expression
- Either alone or in combination, not proven to reliably distinguish between benign and malignant mesothelial cells
  - Benign mesos may express any of these markers

# Immunohistochemistry Surrogates for Genetic Alterations

- At least single copy loss of BAP1 locus at 3p21 in 30%
- 18-63% have mutations or translocations involving BAP1
- In total, approximately 60-79% malignant mesotheliomas have BAP1 alterations
- Loss of nuclear BAP1 expression reflects underlying BAP1 alterations



#### Immunohistochemistry Surrogates for Genetic Alterations

- Up to 70% of mesotheliomas show loss of nuclear BAP1 expression
  - 70% epithelioid mesotheliomas
  - 15-25% sarcomatoid mesotheliomas
- Sensitivity +/-, specificity high
  - Loss of BAP1 is NOT seen in benign mesothelial cells
- Most studies require loss in 100% of tumor cells

Study	TP	FP	FN	ΤN	Sensitivity (95% CI)	Specificity (95% CI)
Hatem 2018	7	0	10	13		
Matsumoto 2019	21	0	22	17	-	
Walts 2016	14	5	14	30		
Raza 2020	7	0	6	20		
Yoshimura 2020	22	0	18	20		
Schuerch 2018	21	0	16	103		
Bruno 2019	10	0	7	8		
Andrici 2015	49	6	34	143		
Kinoshita 2018	27	0	18	21		
Hwang 2016	8	0	5	3		
Cigognetti 2015	35	0	17	19		
Hiroshima 2020	32	0	13	9		
Oender 2019	12	0	4	30		
Cozzi 2017	52	4	16	30		
Shahi 2020	21	2	6	19		
Kinoshita 2020	18	0	4	20		
Agrawal 2019	24	0	4	5		
McCroskey 2017	19	0	3	11	0 0.2 0.4 0.6 0.8 1	0 0.2 0.4 0.6 0.8 1

Adapted from Girolami I, et al. Cancer Cytopathol. 2021. doi:10.1002/cncy [online ahead of print]



# Diagnostic MTAP Immunohistochemistry

- CDKN2A deleted in 60-70%
   mesotheliomas
  - Sarcomatoid > epithelioid
  - Traditionally queried only by FISH
- MTAP gene co-deleted in 75% of cases with CDKN2A deletions
- MTAP immunohistochemistry is ~75% sensitive for MTAP deletion
- 100% of cases with MTAP deletions have CDKN2A deletions
- MTAP itself may be a target of therapy

Study	TP	FP	FN	TN	Sensitivity (95% CI)	Specificity (95% CI)
Raza 2020	3	0	10	20		
Shahi 2020	9	0	18	19		
Berg 2020	7	0	14	15		-
Kinoshita 2018	19	0	26	21		
Kinoshita 2020	12	0	10	20		
Yoshimura 2020	22	0	18	20		
Zhu 2020	25	1	20	13		
Hiroshima 2020	16	0	5	5		

Figure 5. Forest plot of MTAP able 1 and refer to the references listed in Supporting Table 4. CI indicae; MTAP, methylthioadenosine; TN, true negative; TP, true positive.



# BAP1/MTAP Immunohistochemistry for Mesothelioma

	MPM N=45 RMH N=21			RMH N=	21		
	Positive	Negativ	e <sup>n</sup> i	Positive <sup>a</sup>	Negative <sup>a</sup>	Sensitivity,	% Specificity, 9
ITAP IHC	19	26		0	21	42.2	100
APT INC	27	19		0	21	60.0	100
	00	10		0	21	00.0	100
D21 FISH	28	1/		0	21	62.2	100
AP1/MTAP IHC	35	10		0	21	77.8	100
AP1 IHC/9p21 FISH	38	7		0	21	84.4	100
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# Diagnostic NF2 Immunohistochemistry

- *NF2* mutations or deletions in 60% mesotheliomas
- NF2/Merlin loss in 77% tumors with underlying NF2 alterations
  - 96% in cases with homozygous deletion, structural variants or mutations
- IHC: loss of membranous/cytoplasmic staining



## Challenges in Interpretation of Diagnostic IHC

- · Poor internal control
- Scant tumor cellularity
- Diagnostic Thresholds
   Partial loss only positive? Negative?



# Diagnostic MTAP Immunohistochemistry

No established standard threshold (number of cells) to confirm malignancy

Epithelioid Neutral

39

Neutral

Loss in 1% of cells.

1D, Single-copy (heterozygous) deletion; 2D, Two-copy (homozygous) gene deletion; MTAP, Methylthioadenosine phosphorylase; NA, Not applicable; Neutral, NO copy number alteration detected.

NA

- Kinoshita et al. arbitrarily propose a 50% cutoff due to bimodal distribution of staining
- Berg et al. suggest using a 75% cutoff based on cutoff in surgical specimens





Adr

Chapel D, et al. Histopathology 2021;78(7):1032-42.









#### Is it possible to make a definitive diagnosis of malignant mesothelioma on effusion cytology?

Yes, if:

- Appropriate clinical and radiologic context, and:
  - Numerous large groups of cells with proven mesothelial differentiation (IHC)
  - Presence of one or more of the following:
    - FISH (9p, 22q) shows typical chromosomal deletions

#### Without all supporting evidence, can interpret as "Suspicious for malignant mesothelioma

- · Prompts pleural biopsy or planned pleurectomy/decortication with frozen section
- If surrogate markers show loss of expression, can raise possibility of MIS/low-volume disease

#### Malignant Effusions: Summary

#### Current reporting system

- ROM for each category is variable between studies
   Interobserver agreement is greatest for negative and malignant categories
- Comparable to other reporting systems
- Most malignant effusions represent metastatic adenocarcinoma
  - Most appear as a morphologically distinct "second population"
     Background elements: mucin, necrosis
- Judicious use of ancillary testing clarifies most diagnostic issues
  - Context: carcinoma > lymphoma > melanoma > sarcoma, mesothelioma
  - o IHC panel of 4 stains suggested
  - o Cytogenetics, molecular testing, flow cytometry in select circumstances
- Diagnosis of "malignant mesothelioma"
  - o Requires appropriate clinical and radiographic context
  - o Confirm mesothelial differentiation and exclude metastasis
  - o Immunohistochemical surrogates for genetic alterations facilitate diagnosis
    - BAP1

    - NF2
- Consider mesothelioma in-situ/low-volume disease if convincing evidence in effusion but no radiologic correlate

o Lag time to development of mesothelioma and treatment implications need further study

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